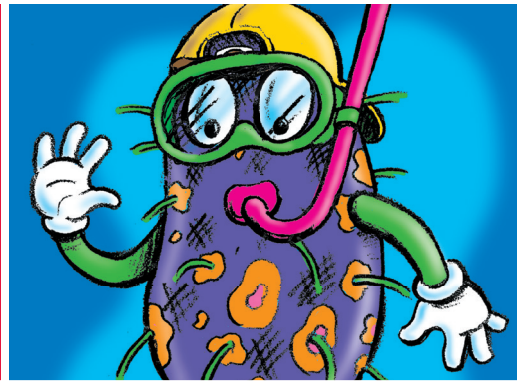


Germaine the Germ Thing™



Clean Tag

Description

Children will understand how germs are spread from one person to another and learn how hand sanitizer helps reduce the spread of germs.

Materials Needed: None

Method

1. Take children outside and discuss what hand sanitizer is as well as how and when it should be used.
2. Explain that they will be playing “Clean Tag.” Two children will be “germs,” one will be “hand sanitizer” and the rest will play themselves. Ask for volunteers for the “germs” and “hand sanitizer” role.
3. Tell the remaining children to run away from the germs. If one of the germs tags a child, they must immediately freeze.
4. When children are frozen, the hand sanitizer is the only one who can unfreeze the child by tagging them. Sanitized children are then free to run around again.
5. Have children trade roles at various points throughout the game.

Check for Understanding

1. In our game of tag, the germs caused you to freeze. In real life, what can germs do? (Make you sick)
2. What would happen if no one was playing the part of the hand sanitizer? (Everyone would have been frozen by the germs, in real life everyone could eventually get sick)

Adapted from activities on HealthyHands.com

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