

# Faith Community Nursing

BayCare Health System

September 2022

Newsletter

## 2021-2022 Goals and Accomplishments in Review

I have always thought of September as a transitional month, daylight begins to shrink, families revert to back-to-school routines, and annual resolutions are being assessed. This is similar to how the Faith Community Nursing (FCN) team embraces the month, celebrating accomplishments and working on new goals.

It is with a heart of gratitude that I share that our funder, Allegheny Franciscan Ministries (AFM), has again endowed us with grant funding to care for the marginalized and underserved for the 2022-2023 grant year. Grant funding requires that we define how we will use the funds through measurable outcome goals. All of you have worked diligently to help us meet the goals. Here are some highlights from the last grant period, **July 1, 2021-June 30, 2022**:

**Goal 1:** *Increase understanding of culturally competent care, social determinants of health, and effective ways to communicate the importance of vaccines.* Providing educational programs and measuring knowledge increase using pre- and posttests is vital. Here are ways that FCN met this goal:

- Provided 30 virtual continuing education classes totaling 39.5 CEs; 1,653 participants attended
- Collected Pre- and Posttest data from participants affiliated with more than half of the programs and showed biggest knowledge gains in the following classes: STDs/STIs, Patient Safety, and Advance Care Planning. We will continue to improve this outcome by providing pre- and posttests for every CE class, including *Foundations of FCN Curriculum* course.
- Provided the *Foundations of FCN Curriculum* course (36.5 CE hours each) four times and graduated 44 participants

**Goal 2:** *Develop a needs assessment to determine ways to better serve diverse medical populations.*

A team with representation from all FCN program sites came together and developed a needs assessment for “caregivers,” a population that crosses socio-economic, ethnic, racial and age classes. Focus groups were held across all service areas. Findings collected from ten focus groups (9 were virtual) showed the myriad challenges and barriers that caregivers face, as well as the need for identifying resources. This project is being submitted for presentation at a national conference. You will hear more about this project later this year.

**Goal 3:** *70% of nurses will report satisfaction with their roles and a desire to continue serving in this capacity.* Findings from the survey reported

- 98% reported being *satisfied* or *extremely satisfied*, 74.8% all the time and 25.2% most or some of the time.

Each Faith Community Nurse and Congregational Health Promoter in the BayCare FCN program has contributed to our successes and has also challenged us to stretch in areas where we fell short. We celebrate and are grateful to serve alongside you. Together, we make a positive impact in our communities!

*Gratefully,*

*Deb Rivard, system director, BayCare Faith Community Nursing*



*Faith Community Nursing is the specialized practice of professional nursing that focuses on the intentional care of the spirit, promoting wholistic health and prevention of illness through the cultivation of community health ministry teams to provide health advocacy for all people in need.*



### Feeding Tampa Bay

**Feeding Tampa Bay's Trinity Café** on Busch Boulevard serves up a nutritious hot lunch for the local community Monday through Friday, and breakfast on Saturdays. Our Faith Community Nursing team has been offering support to the guests on the first and third Tuesday of each month. The guests have been very interested in learning more about hypertension and stroke prevention. We have provided many referrals to our local resources for medical and mental health needs. The volunteers that are serving our community at this site also seek education and resources. Mike Fooshee, right, using the high station which monitors blood pressure, heart rate and weight, is a Volunteer Captain who supports the volunteer crew serving meals to ensure a smooth lunch experience.



### Meals on Wheels of Tampa

Last month, our Faith Community Nursing team visited the Meals on Wheels Tampa location. Meals on Wheels serves a hot, nutritious meal for seniors and those who have difficulty leaving their homes or are challenged to prepare a daily meal. For many that are homebound, a visit from a volunteer is the only human contact they may receive that day. Our



team learned more about their services and how we can partner together to help those that look to us for resources. We also toured their state-of-the-art kitchen, got an inside look of how the meals are prepared and enjoyed one of their delicious lunches. Learn more about Meals on Wheels of Tampa at [mowtampa.org](http://mowtampa.org).

Pictured L-R: **Linda Wilkerson, Darlene Winterkorn, Tammy Holecek, Elaine Richard, Theresa Rodriguez, Sharon Cesare, and Cindy Vann,** Meals on Wheels, Senior Director/Mission Engagement.

### Back to School Event

On July 23, Faith Community Nursing participated in the first ever collaborative "Backpack Heroes" back to school event led by ECHO of Brandon and Hope for Her. The event was hosted at **Bay Life Church** in Brandon. Approximately 350 families attended the event, and 795 children received free backpacks filled with school supplies. Free health screenings, completed by BayCare Community Health, were available to parents. Over 150 students and parents stopped by the Faith Community Nursing booth, one of 36 community partners participating in the event. The students received free pencil pouches filled with crayons, band aids and sunscreen and were given coloring sheets with motivational pictures and phrases. The children, as well as a few parents, enjoyed spinning the wheel and answering health-related questions based on the number the wheel stopped on. Families were given information on the social services platform, **Find Help Florida**, as well as behavioral health education and resources available in the East Hillsborough area. Health Care Navigators were available to assist anyone with seeking affordable access to health care.



Pictured right: Brother and sister who visited the FCN booth and spun the wheel.

### Growing Health Ministry Volunteers

Faith Community Nursing, Polk County program, was excited to partner with **Legacy Christian Church** in Lakeland to offer the Congregational Health Promoter (CHP) training on August 13. Seven individuals, including five church members and two guests, participated virtually as a group in the church’s fellowship hall. Upon completion of the 6-hour training, participants met to receive further on-boarding information and forms, followed by a commissioning service to receive their CHP pin (pictured) in the sanctuary.



A special thank you to **Michael Owen**, CHP, for assisting with classroom logistics, and to Legacy Christian Church for the use of the building and supporting those interested in this special calling. Pictured left to right, row 1: **Mia Bittinger, Joan Clarkson, Melodee Marshall**; row 2: **Kayla Schwind, Ron Schwind, Maxina Payne**; row 3: **Belinda Williams**.

### Sharing Nutritional Facts at Back to School Events

Faith Community Nurses (FCN) and Health Care Navigators teamed up during multiple Polk County Back to School events. Children and their families at all five events heard nutritional teaching and received a “Love Your Heart—Help Your Brain” flyer focusing on ways kids can stay heart and brain healthy. Giveaways included BayCare pencil pouches, blue highlighters, and fruit snacks. Over 1100 students and families were in attendance at the following events:

- July 30, (1) **Lanet Owen, Amy Davis, and Sara McNamee** (not pictured) along with (2) **Eloy Rodriguez**, Health Care Navigator, at the **Shalom Christian Academy** in Davenport.
- August 5, **Sara McNamee** was at the **Grant Career Technical Academy at the Tabernacle of Praise** in Inwood, an area of Winter Haven.
- August 6, (3) **Sherry Macko**, Health Care Navigator, with **Sara McNamee** at the **Bartow Regional Medical Center** event. (4) **Hazel Felix**, FCN, showed students what happens in the Pre-op area.
- Aug 6, (5) **Lanet Owen** was at the Back to School Bash at the **Carver Recreation Center** demonstrating salt portions that are in different foods. Students received pencil pouches.
- August 8, **Sara McNamee** was at **Winter Haven Westwood Middle School** handing out the giveaways.



It is with great pleasure that we recognize and congratulate **Amy Arlene Davis**, DNP, APRN, FNP-C, Faith Community Nurse, on completing her doctorate at Florida Southern College on August 17, 2022. Her EBP (evidence based program) practice improvement project was “Conversations to Improve Advance Care Planning for Older Adults in Primary Care.” Mary Lynne Knighten, DNP, RN, NEA-BC and Faith Community Nurse, mentored Amy during her project. Mary Lynne currently serves as Vice President/President-Elect of Faith Community Nursing International. What an accomplishment. Way to go, Amy!

## Helping Kids Get Ready to go Back to School

Back to school events are a great way for Faith Community Nursing to get out into the community. Events are held at churches, community centers, schools, you name it...and the kids come!!

- On July 30, **Jeannie Stowell-Urban** (pictured top right), and **Georgia Cuthbert** participated in an event sponsored by Premier Community Healthcare at **Richey Elementary School** in New Port Richey and included 17 community partners. In attendance were 237 people, including 138 local children who received backpacks, bike helmets, and other school supplies. FCN handed out pencil packs, hand sanitizer, lip balm and pens, and nutritional information via coloring books and paper puzzles.
- On August 6, the FCN team including **Neppie Alexander, Kameelah Diggs, Jeannie Stowell-Urban, Kathy Johansen, Donna Kremer, Sara Terpilowski**, along with volunteer FCNs **Eileen Nolan, Anna Pavlidakey, and Rachel Stall**, participated in the **North Greenwood Annual Back to School Bash** sponsored by **BayCare's Turley Family Center** at Morton Plant. FCNs assisted with health screenings including vital signs, height and weight, and eye and hearing screenings. More than 50 students received the health screenings, and 550 backpacks were handed out. FCN supplied students with pencil pouches, pencils, lip balm, and lots of encouragement for a great school year. FCNs did what they do best: provided compassionate care to mind, body and spirit!



**Middle photo, L-R: Rachel Stall, Neppie, Eileen Nolan**

**Bottom photo, L-R: Kimberly Nunn-Crawford (Turley), Anna Pavlidakey, FCN, Johna Ricci (Turley)**

## Faith Community Nursing Transitional Care Gets Attention at State Conference

The work Faith Community Nurses (FCNs) do, including Transitional Care, and utilizing prevention and risk assessment tools in the community, have far reaching effects. For several years, the FCN statistics reported monthly have been presented to the BayCare Comprehensive Stroke Committees for Stroke Accreditation. BayCare stroke committees report this data to Det Norske Veritas (DNV), a nationally recognized 3<sup>rd</sup> party, to ensure quality and patient safety standards for stroke certification are met.

In August, the Florida Stroke Registry 10<sup>th</sup> Annual Conference focused on stroke prevention and ways to help stroke survivors avoid re-hospitalization and stroke recurrence. BayCare's West Region Stroke Committees thought this was a great opportunity to share the important and selfless work being done by our FCNs. **Katrina Goodrich** (right) was invited to speak at the Stroke Victor Advisory Committee regarding the role of FCNs. The presentation was well received and Katrina was asked to stay for the second day of the conference to discuss the impact of Faith Community Nurses doing transitional care in our communities, and be a resource for attendees.



Katrina has served on the Stroke Committee for 5 years and has been instrumental in educating FCNs on the Transitional Care process, promoting stroke awareness education in the community, and supporting Faith Community Nursing's participation on the Comprehensive Stroke Committees throughout BayCare. Katrina's presentation demonstrated prevention and risk assessment tools utilized by FCNs, provided examples of ways FCNs offer stroke prevention education in the community, and ended with an explanation of the FCN's role in Transitional Care. Thank you Katrina, for bringing this important work and its results to light on a state level!

**Success Story at the Trinity Café at Feeding Pinellas**



Robert Kistler, 86, his wife Darlene, and an adult son had been living in their car. He needed a walker but did not have a doctor he felt he could trust. Over the course of four weeks, **Laura Stilwell**, FCN, coordinator, who is at the Trinity Café once a week, was able to build a relationship with Darlene, and began discussing possible solutions. Robert agreed to an FCN advocate. He was indeed very ill. He spent a few days in St. Anthony's Hospital. After a few weeks of rehab he also received a walker! The family has now relocated out of state to be with extended family. Mr. Kistler says it's been a "big, amazing experience" and that he is "very happy to be back on the road."

**Opportunities**

**Mental Health First Aid Refresher** is available to anyone who completed the class three years ago or earlier. **First Presbyterian Church of Sarasota**, 2050 Oak Street, is hosting the class **Friday, September 30, 9-11am**. There is no cost to attend the class without certification, \$30 for re-certification. Contact **Cheryl Track**, FCN, (941) 320-3828, to register by Monday, September 19.

**BLS Recertification: Wednesday, October 19, 9am-12:30pm**, St. Anthony's Hospital (SAH), Auditorium. Registration required.

**Table Talks:** Join us for fellowship, prayer requests, share resources and success stories. Two options for your convenience. **Virtual/MS Teams:** Tuesday, 9/13, 5:30-6pm; **In-person:** Monday, 9/19, 1:30-2pm in SAH café. Pictured, August Table Talks in SAH Cafe, L-R: **Charlene Long**, Grace Lutheran; **PJ Petit**, FCN Dept.; **Rita Sewell**, Cathedral Church of St. Peter; and **Margie Dutcher**, First Presbyterian, Bradenton.

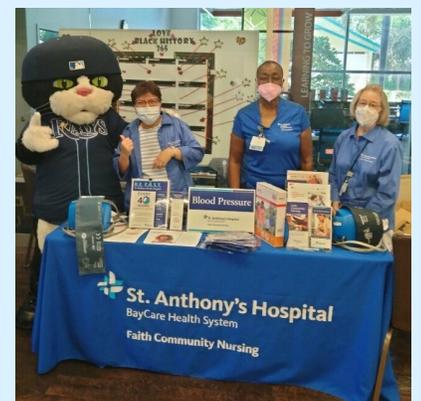


We would like to extend a warm welcome to our current class of 2022 Congregational Health Promoters. (Clockwise) **Cecilia Chambers**, Bethel Community Baptist Church; **Beverly Parker**, First Baptist Church of St. Petersburg; **Lynne Altimier**, FCN Department; **Juan Moya Rodriguez** and **Gina Andrade**, Sacred Heart Catholic Church, Pinellas Park.



**July Stats drawing winner: Joyce Brown, Faith Community Nurse at Bethel Community Baptist**

Nearly 200 school children received pencil pouches blessed with a special prayer for students at the **Back to School Care Fair at Evara Health at Johnnie Ruth Clarke**, July 30. Parents received health screening and educational materials to prepare families for the new school year.



Pictured: Tampa Bay Rays DJ Kitty, with FCN team **Josie De Dios**, **Ruby Hope** and **Sandy Beall**.

Date	Meeting Time	Topic/Class Title	Class Length	Presenter
9/8 Thurs	1-3pm	<i>Supporting Grief</i>	60 min	<b>Becca Bass, MA</b> , Bereavement Coordinator, Morton Plant Mease <b>Sr. Phyllis Shaughnessy, OSC, BCC</b> , Spiritual Care, Mease Dunedin Hospital
9/13 Tues	4-6pm	<i>Integrative Medicine</i>	60 min	<b>Kirksak (Jay) Poonkasem, MD, FAAFP, ABIOM, DipABLM, NASM-CPT-CES</b> BayCare/Morton Plant Palliative Medicine
9/28 Wed	10am-11:30am	<i>Sepsis</i>	60 min	<b>Danielle Abukhalaf, MSN, RN, NPJ-BC, CCRN</b> BayCare/North Bay Hospital

**Save the Dates** 10/4 (4pm) *Trauma Informed Care: Changing the Conversation*; 10/25 (10am) *Pediatric Diabetes*

**Registration** links for virtual CE education events are sent via email. Registering for classes ensures you receive the handouts prior to the class date. Classes are submitted for Florida Board of Nursing review. Schedule changes sent via email.

### Happenings at La Esperanza and San Jose Mission Clinics

Most days, **Soledad Flores** reports to work in a place that looks very familiar to her. A Mexico native who immigrated to the US as a child, she remembers working at a strawberry farm near Plant City with her family. At 17, Soledad left school to get married and start a family. When teachers from the San Jose Mission (SJM), a Catholic Charities free clinic in Dover, told her about a program offered to farmworkers to help them get an education, she enrolled. She earned her high school diploma and CNA certification in 2005. She wanted to work at the SJM clinic but there were no job openings for CNAs. She went on to earn a nursing degree, in 2019, so she could volunteer at the clinic. Then, earlier this year, a position at the clinic finally opened. Soledad (right) is working at the clinic that once provided her with the opportunity to further her education. Now she helps provide free services that reach farmworkers and their families, a demographic that would otherwise not receive medical care, ranging from labs to obstetrical services and treatment for diabetes and hypertension. Given her history, Soledad can relate to those we serve and help patients to navigate through our health care system. Soledad has come full circle.



*(Excerpted from Faith Community Nursing Team Member Goes Full Circle, an article on the Team BayCare intranet for team members, published Aug. 26, 2022)*

**FindHelp.org** is an online platform that will allow you to connect those in need to local social service organizations. Search by zip code.

<b>East Region: Hillsborough, Polk</b>	<b>St. Joseph’s Hospitals (SJH) &amp; South Florida Baptist Hospital (SFBH);</b> FCN office fax: 813-357-0815 <b>Linda Wilkerson</b> , Supervisor, 813-757-8006/linda.wilkerson@baycare.org
	<b>San Jose Mission and La Esperanza Clinics</b> <b>Stephanie Morrison</b> , Supervisor, 814-419-1929/stephanie.morrison@baycare.org
	<b>Winter Haven Hospitals (WHH) &amp; Bartow Regional Medical Center (BRMC)</b> <b>Sara McNamee</b> , Supervisor, 863-293-1121 ext 207935/sara.mcnamee@baycare.org
<b>West Region: Pinellas, Pasco, Hernando, Citrus, Manatee/Sarasota</b>	<b>Morton Plant Mease Hospitals (MPM);</b> FCN office fax: 727-333-6173 <b>Neppie Alexander</b> , Supervisor, 727-736-9767/neppie.alexander@baycare.org
	<b>St. Anthony’s Hospital (SAH);</b> FCN Office fax: 727-825-1009 <b>Patti Wolfinbarger</b> , Supervisor, 727-820-7880/patricia.wolfinbarger@baycare.org