

# Faith Community Nursing

BayCare Health System

October 2022

Newsletter

## Outstanding Coordinator Leadership Award Recipient



**Deborah Rivard, MSN/Ed, RN-BC**, BayCare Health System Director of Faith Community Nursing, has been selected as the recipient of the 2022 **Norma Small Outstanding Coordinator Leadership Award** by the Health Ministries Association. This award is presented annually to a leader who demonstrates a resourcefulness to implement change through significant innovative teaching strategies which respond to diverse needs within faith communities and health systems.

Deb was promoted to System Director of Faith Community Nursing right as the pandemic hit. The goal of creating one system leader for Faith Community Nursing was to centralize, widen and deepen our reach across all 15 hospitals and 5 counties served by our system. BayCare Faith Community Nursing was uniquely positioned to respond to the needs created by the pandemic. Deb states, "Our team provided testing, vaccinations, masks to churches and most importantly information regarding how to reopen their services safely." This is just one of many ways the FCN program has grown in professionalism and spirituality.

Deb says of this award, "It is an understatement that it takes support from leadership to be able to implement innovative change and respond to diverse needs within communities. From my own experience, I believe that successful programs occur when two vital things converge; 1) Empowerment from Senior leadership at the Vice President level and above (opens doors, gets you a seat at the table and then gets out of your way, and 2) There is a team of highly motivated, servant leaders with a passion for this work.

**"I am truly blessed by this recognition and honored to accept this award on behalf of our team, volunteer Faith Community Nurses and Congregational Health Promoters, and BayCare Health System that recognizes and supports the continuation of our faith filled work."**

~Deb Rivard

Congratulations Deb, on this outstanding, and deserved, national recognition!

## Who needs a flu vaccine? YOU.



BayCare Health System Faith Community Nursing (FCN) strongly encourages all Faith Community Nurses and Congregational Health Promoters to receive an influenza vaccination before December 14 to protect yourself, and the community. The vaccine (standard-dose) is provided at *no cost* to you, as a volunteer of the FCN program. To make it as convenient as possible, BayCare will provide the influenza vaccine at locations throughout the organization through the end of November. To schedule an appointment, scan the **QR code** with your smart phone camera to go directly to the scheduler. Select by county, then hospital or non-hospital location. *You must wear your BayCare volunteer badge.* Send proof of your influenza vaccination (from BayCare, or another provider) to your partnered FCN program office.



*Faith Community Nursing is the specialized practice of professional nursing that focuses on the intentional care of the spirit, promoting wholistic health and prevention of illness through the cultivation of community health ministry teams to provide health advocacy for all people in need.*



### Baby Blankets and Hats Donated



“The wheels on the bus go round ‘n round” getting precious blankets and hats from south Hillsborough County to the northern part of the county. **Kit Moretuzzo**, FCN at **St. Stephen’s Catholic Church** in Riverview, recently stopped by Linda Wilkerson’s office at South Florida Baptist Hospital to drop off 19 bassinet blankets and 71 newborn hats. Kit knitted all of the hats and had help from Dolores Dyke, St. Stephen’s church member, with the blankets. From there, Linda handed them to coordinator **Darlene Winterkorn** at St. Joseph’s Main, who then carried them to their final destination at **St. Joseph’s Hospital North (SJHN)** in Lutz to be donated to newborns. “The babies on the bus go, Oh, how soft!”

Pictured: **Linda Wilkerson**, FCN Supervisor and **Kit Moretuzzo**.

### FCN Welcomes Cristo Rey Corporate Work Study Program Student

BayCare partners with **Cristo Rey Tampa Salesian High School** in their Corporate Work Study program. This provides students with a professional work experience to develop their talents, explore career options and experience the relevance of what they are learning in the classroom and how it will shape their future. We are excited to have **Sarahi Hurtado** (pictured) join us one day a week throughout the 2022-2023 school year. She will be mentored by Faith Community Nursing and Mission Integration team members and assist with various projects. Our goal is to introduce Sarahi to the work these departments do, the various roles of team members and the contributions made to the community. Welcome Sarahi, we are so glad to have an opportunity to work with you!



### Congregational Health Promoters



We would like to extend a warm welcome to our newest Congregational Health Promoters that attended the program in August. **Mimi Rose** (pictured) from **Prince of Peace Catholic Church** in Sun City Center, and **Cindy Pidala**, **St. Timothy Catholic Church** in Lutz.

The next CHP class will be held **November 9**. For more information, contact your program coordinator or **Darlene Winterkorn**, coordinator, at (813) 357-0875.

### Becoming A Healthier You

Faith Community Nursing, in partnership with **Moffitt Cancer Center** and **The Phoenix** have hosted a series of virtual events this year exploring how emotional, social, preventative and medical health fit together in our overall health, happiness and wellbeing. These events have been well received with over 130 attendees at each session. Experts in their fields discuss the relative topics, and share resources with attendees. The next event in the series, with a focus on Medical Health, will be held on **December 15, at 12pm**. Learn tips to take health into your own hands. To register for upcoming events, visit Moffitt’s **Office of Community Outreach, Engagement & Equity (COEE)** Calendar of Events.



## Hispanic Heritage Festival



On Saturday, September 17, the **Johnny and Freda Brooks Eloise Resource Center** in Winter Haven was the host site for the **Hispanic Heritage Festival**. The event was held in honor of the National Hispanic Heritage Month which occurs annually from September 15 through October 15. Pictured left, Alicia Lopez and her daughter Elizabeth, performed in the festival adorning authentic clothing. Sunglasses were given to those that stopped to view the educational display provided by the Polk County Faith Community Nursing program.

**Sara McNamee**, supervisor, was in attendance to educate and provide participants with Advance Care Planning materials in English and Spanish.



## BayCare Sponsors School Food Pantry



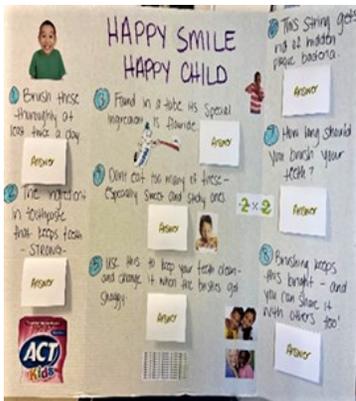
The Polk County Faith Community Nursing program was onsite for the **Westwood Middle School** in Winter Haven parent-teacher night and food pantry on September 15th. Sherry Macko, BayCare Healthcare Navigator, was also in attendance to help families figure out health care choices. Families and school staff took part in blood pressure screenings and stroke education. Many students took interest in learning about stroke prevention. Faith Community Nursing will be at the school twice a month to do blood pressure screenings and provide prevention education at the same time the food pantry is open to the neighboring community. This community outreach takes

into consideration the **Social Determinants of Health, Healthy People 2030**, addressing Health Care Access and Quality:

- Increase the proportion of adolescents who had a preventive health care visit in the past year.
- Increase the proportion of adolescents who speak privately with a provider at a preventive medical visit.

Above: Sara McNamee, pictured, taking a student's blood pressure as she educated about stroke and prevention of stroke.

## Volunteer Faith Community Nurse provides Dental Health Resources



The Faith Community Nursing summer outreach at the **Johnny and Freda Brooks Eloise Resource Center** concluded with a presentation on oral health. **Sara McNamee** presented education on dental anatomy, development of teeth, prevention of tooth decay and avoiding dental injury. **Lucille Knight**, FCN, created a poster presentation (left) with question-and-answer activities to reinforce the importance of proper brushing and flossing to prevent tooth decay. The children also participated in a hands-on activity that demonstrated

how a small cavity can lead to tooth decay. Many thanks to Jose Cruz, DDS, and dental hygienist Lisa Asbury of **Dental Solutions of Winter Haven** for donating 30 bags with toothbrushes and toothpaste for the children. A special thank you to Lucy for creating this poster for use in our Polk County program.

### Healthy Tips for All Ages:

- Brush your teeth for two minutes at least twice a day
- Floss between your teeth daily
- Get a new tooth brush every three months
- Replace your toothbrush after you have been sick
- Eat healthy foods- avoid foods that stick to your teeth
- Visit the dentist every six months

## Faith Community Nurse attends Congregational Health Promoter Training



The Congregational Health Promoter (CHP) training is offered to people interested in starting or joining a health ministry in their congregation who may not have an active RN license. On August 13, BayCare Faith Community Nursing held a CHP virtual training. **Darlene Admire, Spirit of Grace Lutheran Church, New Port Richey Campus and Hudson Campus**, an established FCN and graduate of the Foundations of Faith Community Nursing Curriculum course, signed up for the CHP training. Darlene's attendance offered her the opportunity for fellowship and to learn about the training her health ministry team would receive. BayCare FCN offers this class as a training and team building resource for your whole health ministry team. The next virtual CHP class is **Wednesday, November 9**. If you would like to attend, contact **Georgia Cuthbert** at (727) 736-9761.

## FCN Welcomes Cristo Rey Corporate Work Study Program Student



On September 2, Morton Plant Mease Faith Community Nursing (FCN), along with other FCN representatives including **Deb Rivard**, system director, and **Colleen Walters**, Vice President, Mission and Ethics, attended Cristo Rey Tampa Salesian High School's football-themed "Draft Day" celebration for an opportunity to meet our new student interns. Please welcome senior **Yasmin Hernandez** to the MPM FCN department for the 2022-2023 school year. Yasmin enjoys TV, social media, and ice cream, and she aspires to become a dental hygienist after graduation in Spring 2023. Welcome Yasmin!

## FCN Partnerships in Pasco Continue to Strengthen

Faith Community Nurse and MPM FCN team member **Jeannie Stowell-Urban** (pictured) continues to grow community partnerships and connections in Pasco County:

- **R.O.P.E Center** (14121 Water Tower Dr, Hudson): The R.O.P.E. Center operates a transitional living facility to provide shelter and assistance to those who need it. Their Community OutReach Center (C.O.R.) provides a central location where community members can apply for and receive various services. Jeannie is onsite every other Wednesday, 9am-12noon.
- **Be A Light Mission Service Center, Inc.** (8425 Arcola Ave, Hudson): Be A Light Mission provides help to those experiencing homelessness through services such as housing referrals, employment assistance, and a food and clothing pantry on-site. Jeannie is onsite every other Tuesday, 10am-1pm.
- **Metropolitan Ministries Outreach Center** (3214 US-19, Holiday): Metropolitan Ministries provides services for at-risk and homeless individuals throughout the Tampa Bay area, and they reach the population in Pasco with food, housing assistance, and services through this location. Jeannie is onsite every other Thursday, 2:30-4:30pm.



Contact [Jean.stowell-urban@baycare.org](mailto:Jean.stowell-urban@baycare.org) if you are interested in volunteering at any of these sites.

Our Faith Community outreach will continue to grow and expand throughout Pasco County as BayCare Hospital Wesley Chapel prepares to open first quarter 2023. MPM FCN will partner with St. Joseph's FCN program for a fall event, **Trunk or Treat at Shops at Wiregrass, Wesley Chapel, October 20, 6-8pm**. We look forward to the collaboration opportunity and strengthening our connection to this community.



## More Than Just Blood Pressure



On January 14, 2020, Mr. Silva came to **Daystar Life Center** for services and received more than he ever expected. He attended a Wellness Screening, including BP, BMI, and Diabetes Risk Screening, done by **Ruby Hope**, FCN. While listening to and assessing Mr. Silva, he revealed that he was disabled due to Charcot foot and was awaiting approval for benefits. Additionally, he stated he had not taken his diabetic medication in six months because he did not have a current medical provider. Ruby advised Mr. Silva to use the phone in her office to call **Community Health Center, Johnnie Ruth Clarke** location, and an appointment for 2 days later scheduled. Follow up calls by Ruby were not answered, however the prayers were. On August 26, 2022, Mr. Silva walked up to Ruby, unrecognized due to his mask, and gave her an update on his health. His blood pressure and diabetes is well controlled with a normal hemoglobin A1C, and happily shares, "I feel great, and I am so thankful that you sent me to Johnnie Ruth Clarke. I tell everyone how you probably saved my life, and I don't mean just physically." The Wellness Screening Program at Daystar Life Center occurs every Tuesday and Thursday. Blood pressure screening is one of the many powerful tools we use to minister to others. To volunteer at Daystar, contact Ruby Hope, (727) 825-1692, [Ruby.hope@baycare.org](mailto:Ruby.hope@baycare.org)

## Faith Community Nursing In Action

The Spanish-English Health Ministry at **Sacred Heart Catholic Church of Pinellas Park**, with FCNs **Carmen Mata Moya** (pictured, middle) and **Maria Millan**, and CHPs **Juan Moya** and **Gina Andrade** (lead), was host to the August 27 **Mammogram Education and Empowerment** event. The St. Anthony's and Morton Plant Mease FCN departments, seven community partners, and the church collaborated to provide information and support regarding the how-to and need for breast cancer screening. Presentations and education materials were provided in Spanish and referrals were made to low-cost or free community options for mammogram and pap screenings. To learn more, contact Gina Andrade, (727) 831-7936.



**Rita Sewell, FCN, Cathedral Church of St. Peter**, co-presented during a four-week **Spirituality and Aging** program that took place in September. The principal topic was the exploration of ideas about aging, including our cultural preconceptions. The participants travelled the "faithline" of their lives and where they felt God's presence, or perhaps distance, and had opportunity to share these moments in discussion with each other. Also included was reflection on meaning, purpose, wisdom, and what can be offered from the wisdom gained from life. To learn more, contact Rita, (727) 310-5760 or [rita195382@gmail.com](mailto:rita195382@gmail.com)

**Cindy Charland, FCN, First Baptist Church of Venice**, orchestrated a spa day event for the teens of their community. Cindy, along with 35 volunteers, provided spiritual care, love and pampering through an event they named **Esther's Extravaganza**. The young ladies enjoyed manicures, pedicures, hair styling, and learned about Queen Esther's story from the Bible. This event was so special the local newspaper dedicated a full page of coverage. To learn more, contact Cindy, [cindycharland@aol.com](mailto:cindycharland@aol.com)

**What event would you like to bring to your faith community?**

Contact Laura Stilwell, (727) 825-1703, [Laura.Stilwell@baycare.org](mailto:Laura.Stilwell@baycare.org)

## Statistics Drawing Winners

**August**

**Joyce Brown**, pictured,  
**Bethel Community Baptist Church**



**September**

**Diane Kotsaftis, St. Stefanos Greek Orthodox**

Call us to collect your prize.

Date	Meeting Time	Topic/Class Title	Class Length	Presenter
10/4 Tues	4-6pm	<b>Trauma Informed Care: Changing the conversation</b>	60 min	<b>Holly Sigsbee, LMHC</b> Winter Haven Hospital Center for Behavioral Health
10/11 Tues	10-11:30am	<b>Sepsis</b> (Rescheduled from 9/28)	60 min	<b>Danielle Abukhalaf, MSN, RN, NPD-BC, CCRN</b> Adv Professional Development Practitioner, BayCare Health System
10/13 Thurs	10am-12pm	<b>Population Health: Small steps to greater impact</b>	90 min	<b>Neppie Alexander, MSN, APRN, ACNS-BC</b> Supervisor, FCN/Morton Plant Mease Hospitals <b>Raenell Shirley, MDiv</b> Executive Director, Be A Light Mission Service Center, Inc.
10/25 Tues	10am-12pm	<b>Pediatric Diabetes</b>	90 min	<b>Jennifer Pursser, BSN, RN, CDCES</b> Pediatric Diabetes Educator/St. Joseph's Children's Hospital

**Save the Dates** 11/10 (3pm) **Pancreatic Disease**; 11/17 (2pm) **Eye Health**; 11/29 (10am) **SHINE/Medicaid/Medicare**

**Registration** links for virtual CE education events are sent via email. Registering for classes ensures you receive the handouts prior to the class date. Classes are submitted for Florida Board of Nursing review. Schedule changes sent via email.

### Happenings at La Esperanza and San Jose Mission Clinics

**La Esperanza Clinic** (LEC) is the recipient of a grant from **TD Bank** for a diagnostic service expansion initiative. With the help of **Linda Wilkerson**, FCN supervisor, SJH-SFB, a proposal for an ultrasound was submitted that will be used on site for gynecology patients to detect abnormalities in the female reproductive tract, and gastrointestinal, urological and endocrine systems, as needed. Due to language barriers, cost, lack of transportation and limited availability of ultrasound appointments at the San Jose Mission Clinic in Dover, patients at LEC were faced with the challenge of following up for these exams and often were not able to complete. This month, the grant proposal was approved. We received the ultrasound machine, pictured, and have already been using it. This will fill an enormous need in the migrant community. We are very thankful for this generous gift, and the help and support of our community partners with this initiative!



~**Stephanie Morrison**, APRN-BC, FCN, Clinics Supervisor

**FindHelp.org** is an online platform that will allow you to connect those in need to local social service organizations. Search by zip code.

**East Region:** **St. Joseph's Hospitals (SJH) & South Florida Baptist Hospital (SFBH)**; FCN office fax: 813-357-0815  
**Linda Wilkerson**, Supervisor, 813-757-8006/linda.wilkerson@baycare.org

**Hillsborough, Polk** **San Jose Mission and La Esperanza Clinics**  
**Stephanie Morrison**, Supervisor, 814-419-1929/stephanie.morrison@baycare.org

**Winter Haven Hospitals (WHH) & Bartow Regional Medical Center (BRMC)**  
**Sara McNamee**, Supervisor, 863-293-1121 ext 207935/sara.mcnamee@baycare.org

**West Region:** **Morton Plant Mease Hospitals (MPM)**; FCN office fax: 727-333-6173  
**Neppie Alexander**, Supervisor, 727-736-9767/neppie.alexander@baycare.org

**Pinellas, Pasco, Hernando, Citrus, Manatee/Sarasota** **St. Anthony's Hospital (SAH)**; FCN Office fax: 727-825-1009  
**Patti Wolfinbarger**, Supervisor, 727-820-7880/patricia.wolfinbarger@baycare.org