

Managing Motherhood



Life After Childbirth

Whether you're a first time mom or experienced with a growing family, this support group is designed for women who are facing some challenges transitioning into the motherhood role.

The Managing Motherhood group provides a supportive environment for women and offers the opportunity to talk, share and support other women who are challenged with everyday life stressors, adjusting to new roles, experiencing emotional changes and/or having challenges with new motherhood. This group is led by a social services specialist who has experience working with pregnant women and new moms.

Please contact us for additional information and/or questions. These groups are open to all postpartum women who delivered up to one year ago. You can expect socializing, learning and great discussions. Children are welcome.

Mease Countryside Hospital Shaffer Tower

Conference Room, 5th floor
3231 McMullen Booth Road
Safety Harbor, FL 34695

1st Tuesday of every month
4-5pm

Morton Plant Hospital

Women's Resource Center
Powell Pavilion
Community Room, 1st floor
303 Pinellas St.
Clearwater, FL 33756

3rd Thursday of every month
10-11am

Contact:

Perinatal Support Services
(727) 462-3200

Class Registration
(727) 953-6845

Cost: Free

Reservations are preferred
but not required.



Mease Countryside Hospital
Morton Plant Hospital

BayCareEvents.org