

# POWER Physician Referral

POWER: Program of Wellness, Empowerment and Recovery

Patient Name: \_\_\_\_\_ D.O.B \_\_\_\_\_

Patient Phone: \_\_\_\_\_ Email: \_\_\_\_\_ Surgery Date: \_\_\_\_\_

## For Breast Cancer (see bottom left)

- Physical Therapy
- Occupational Therapy
- CDT Lymphedema

## Other Services

- Outpatient Registered Dietitian fax to : (813) 605-6041
- Cancer Patients Supports Services (CaPSS) fax to: (727) 333-6223
- Wellness Program (see bottom right for options)

Diagnosis: Breast Cancer ICD-10 code/DX

PT/OT evaluation and treatment 3/week for 4-6 weeks

Rehabilitation goals

- Increase ROM/scar management for independent ADL's
- Increase muscle strength for return to work status/independent ADL's
- Instruct in-home exercise program, self-case incision
- Instruct in-joint protection/positioning
- Lymphedema evaluation, treatment and education

Precautions/ROM limitations: \_\_\_\_\_

Special Instructions: \_\_\_\_\_

Physician Name: \_\_\_\_\_ Physician Phone: \_\_\_\_\_

Physician Signature: \_\_\_\_\_ Date: \_\_\_\_\_

**For PT/OT/Lymphedema: Determine patient's preferred rehab location. Check box next to location and fax to (813) 605-6041 for scheduling.**

- Morton Plant Outpatient Rehab - PTAK Pavilion  
430 Morton Plant St. Clearwater, FL 33756
- Palm Harbor Outpatient Rehab  
32672 US 19 N Palm Harbor, FL 34684
- SAH Outpatient Rehab - SARC Suite 100  
500 Dr. MLK St. N St. Petersburg, FL 33705
- SAH Rehab Center at Carillon  
900 Carillon Parkway St. Petersburg, FL 333716
- Bardmoor Outpatient Rehab  
8711 Bryan Dairy Road Largo, FL 33777
- Morton Plant North Bay Outpatient Rehab  
6633 Forest Ave. New Port Richey, FL 34653
- SF Baptist Outpatient Rehab (Plant City)  
414 N. Plant Ave. Plant City, FL 33563
- SF Baptist Outpatient Rehab (Bloomingdale)  
2470 Bloomingdale Ave. Valrico, FL 33596

**For Wellness Only: Determine patient's preferred wellness location. Check box next to location and fax this form to selected location.**

- Cheek-Powell Fitness Center Morton Plant Hospital**  
455 Pinellas St. Clearwater, FL 33756  
(727) 462-7685 fax: (727) 298-6748
  - BayCare Fitness Center BayCare Outpatient Center**  
900 Carillon Parkway St. Petersburg, FL 33716  
(727) 502-4444 fax: (727) 561-2324
  - BayCare Fitness Center BayCare HealthHub™**  
2470 Bloomingdale Ave. Valrico, FL 33596  
(813) 586-8600 fax: (813) 605-6103
- Please note:** Cheek-Powell Fitness Center also has a satellite location in Palm Harbor that can be selected.
- John Geigle (North Pinellas) YMCA**  
4550 Village Center Dr. Palm Harbor, FL 34685  
Fax to: (727) 298-6748

**For more information, email [medicalfitness@baycare.org](mailto:medicalfitness@baycare.org)**