# Cancer Resource Guide for Patients











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This guide was developed to assist patients on their cancer treatment journey. Call us if you have a resource that should be included or if current information listed is not correct.

Cancer HelpLine: (813) 870-4123 | (800) 882-4123



**Cancer Institute** 

## **Bras and Mastectomy Products**

#### **Advanced Prosthetics**

AdvancedPros.com (813) 631-9400 14499 University Cove Place Tampa, FL 33613

Prosthetics, orthotics and limited post-breast surgery supplies. Check with your insurance and the retailer to verify insurance coverage and payment options.

#### **All4One Breast Form Fund**

All4OneAlliance.org 225 Cedar Hill St., Suite 200 Marlborough, MA 01752 (413) 584-6673 Support@all4onealliance.org

National program which provides up to \$300 toward a breast prosthesis every two years. Eligibility is based on your financial situation and diagnosis. View eligibility guidelines and summit application online.

## **Anderson Home Health Medical Supply**

AndersonHomeMedical.com 4063 Henderson Blvd. Tampa, FL 33629 (813) 289-3811

General medical supplies, post-breast surgery supplies and prostheses. Experienced certified fitter. Check with your insurance and the retailer to verify insurance coverage and payment options.

#### **Health Aid Company**

HealthAidCompany.com 4502 N. Armenia Ave. Tampa, FL 33603 (813) 879-7552

Postmastectomy and lumpectomy prostheses and products, lymphedema sleeves and general medical supplies. Certified fitter. Check with your insurance and the retailer to verify insurance coverage and payment options.

## A Place for Her-BayCare HomeCare

APlaceForHer.com 1245 S. Fort Harrison Ave. Clearwater, FL 33756 (727) 447-1146

3525 Lakeland Hills Blvd., Rooms 421/422 Lakeland, FL 33804 (863) 904-1854

Contact: Debbie McNicol

Boutique for women who have undergone breast surgery. Provides breast forms, prostheses, bras, postsurgical garments and other items (swimwear/lingerie/wigs). Accepts insurances; some assistance for uninsured. In-home service provided. Certified mastectomy fitters.

## **Tampa Bay Orthopedic Designs**

TBODesigns.net 812 W. Dr. Martin Luther King Jr. Blvd., Suite 100 Tampa, FL 33603 (813) 224-0525

1010 Lithia Pinecrest Road Brandon, FL 33511

Prosthetics and orthotics. Brandon location has postmastectomy and lumpectomy supplies and products. Check with your insurance and the retailer to verify insurance coverage and payment options.

#### **Westcoast Brace & Limb**

WestCoastBraceAndLimb.com 2727 W. Dr. Martin Luther King Jr. Blvd., Suite 690 Tampa, FL 33607 (813) 354-0100

Postmastectomy and lumpectomy prostheses and products. Check with your insurance and the retailer to verify insurance coverage and payment options. Call for other locations in Tampa and Brandon.

## **Breast Reconstruction**

## **My Hope Chest**

MyHopeChest.org (727) 488-0320

Non-profit organization focusing on the need of breast reconstruction for uninsured and underprivileged women. Help to restore self-esteem, dignity and confidence to breast cancer survivors by facilitating and funding, as needed, reconstructive surgery for those who do not have adequate financial means to afford such surgery, and to educate survivors on their breast reconstruction options.

## Camps and Retreats

## **Camp Living Springs**

BayCareVolunteers.org (727) 461-8010

A free adult cancer retreat for male and female cancer survivors age 18 and over, located at the Day Spring Conference Center in Ellenton, Florida. Call for dates and registration information and to be placed on the mailing list. Sponsored by Morton Plant Mease Foundation.

## **Campamento Alegria-Survivor Camp**

LunaCancer.org (813) 443-2213

Campamento Alegria is a free camp for Latino women with cancer (any type of cancer). Usually held at Rotary Camp Florida in Brandon. Registration is required; call for camp dates.

## **Faces of Courage Foundation**

FacesOfCourage.org (813) 948-7478

Provides free day outings and free traditional overnight camps for women, children and families touched by cancer and blood disorders. Call for dates and registration information.

## Caregiver Support

#### **Caregivers Resource Network**

SeniorHolisticLiving.com 28960 U.S. Highway 19, Suite 100 Clearwater, FL 33761 (877) 552-4950

Provides practical how-to information, a listing of resources and professional guidance. Support groups in Pinellas and Hillsborough county areas near Tampa.

## **Caring for the Cancer Caregiver**

BayCareEvents.org

## St. Joseph's Hospital

Medical Arts Building, Auditorium 3003 W. Dr. Martin Luther King Jr. Blvd. Tampa, FL 33607 (813) 443-2047

Support group for anyone caring for a cancer patient. Meetings are held the first Monday of the month, 1:30-3pm. Topics vary each month. Class facilitated by Teresa Howard, licensed clinical social worker. Registration is required.

## **Today's Caregivers**

Caregivers.com 3350 Griffen Road Fort Lauderdale, FL 33312 (800) 829-2734

Provides resources, information, support and guidance for family and professional caregivers. A listing of local caregiver support groups and chat rooms are available online.

## Clinical Trials

## **American Cancer Society**

Cancer.org/Treatment/TreatmentsandSideEffects/ ClinicalTrials/index (800) 227-2345

Available by phone 24 hours a day, seven days a week in English and Spanish. Provides emotional support, answers questions and provides educational information on cancer including clinical trials.

## Leukemia & Lymphoma Society (LLS)

LLS.org (800) 955-4572

LLS provides patients and families the latest information on leukemia, lymphoma, myeloma, myelodysplastic syndromes and myeloproliferative cancers (blood cancers) and clinical trial information. Oncology professionals are available to answer questions in English and Spanish. For clinical trial information: www.LLS.org/#/DiseaseInformation/ManagingYourCancer/ ClinicalTrials/

### **National Cancer Institute (NCI)**

Cancer.gov/ClinicalTrials (800) 422-6237

The NCI is part of the National Institutes of Health and is the federal government's principal agency for cancer research and training. Speak with a cancer information specialist about cancer or clinical trials, available in English and Spanish. Free service.

## **National Institutes of Health**

ClinicalTrials.gov

A registry and results database of publicly and privately supported clinical studies conducted around the world. Learn more about clinical studies, including history, policies and laws. The website cannot answer questions about individual medical cases or make recommendations about therapy.

## Communication

## **Care Pages**

CarePages.com

Displays updates on a patient's condition, photos, message board for visitors, open forums to connect to other CarePage members

## **Caring Bridge**

CaringBridge.org (651) 789-2300

Online space to connect, share news and receive support from family and friends. Available 24/7 to anyone, anywhere, at no cost. The personalized, protected sites make it easy to stay connected during any type of health event. Family and friends can visit the site to stay informed and leave supportive messages.

## **Lotsa Helping Hands**

LotsaHelpingHands.com

Online forum for help organizing assistance with meals, rides and other support. Provides a free platform for sharing information.

#### **Take Them A Meal**

TakeThemAMeal.com (800) 915-7715

Free website for coordinating meals for loved ones and friends undergoing cancer treatment or serious illness. Eliminates the need for making and receiving time-consuming phone calls.

## **Counseling Services**

## **Alcoholics Anonymous**

AATampa-Area.org 8019 N. Himes Ave., Suite 104 Tampa, FL 33614 (813) 933-9123 Tri-County Central Office

Men and women share their experience, strength and hope with each other so that they may solve their common problem and help others to recover from alcoholism. No dues/fees. Primary purpose: Stay sober and help other alcoholics achieve sobriety. English and Spanish meetings.

## **BayCare Behavioral Health-Life Management Center**

BayCare.org/BehavioralHealth 2727 W. Dr. Martin Luther King Jr. Blvd., Suite 640 Tampa, FL 33607 (813) 872-7582

Offers inpatient and community-based programs, a full range of comprehensive mental health and substance abuse services tailored to meet the needs of adults, adolescents and children. Outpatient, individual and group counseling, with multiple locations Tampa Bay.

## **Center for Women's Family Services Association**

TheCentre.org 305 S. Hyde Park Ave. Tampa, FL 33606 (813) 251-8437

Offers adults and children (age 9 and older), individual, marriage and family counseling addressing depression, anxiety, parent child issues and work-related issues. Call for an appointment. Cost is on a sliding scale; no one is denied treatment for inability to pay.

## Crisis Center of Tampa Bay-211

CrisisCenter.com One Crisis Center Plaza Tampa, FL 33613 (813) 964-1964 or 211

Trauma of sexual assault/abuse, domestic violence, financial distress, substance abuse, medical emergency, suicidal thoughts, emotional, situational problems; 24 hours a day, 365 days a year. Free, confidential counseling with referrals to the Crisis Center or other resources.

#### **Grace Point Mental Health Care**

GracePointWellness.org 5707 N. 22nd St. Tampa, FL 33610 (813) 272-2244

Comprehensive mental health facility for adults and children. Thirty-three programs in 22 locations throughout Hillsborough and eastern Pasco county. Available to anyone in need of counseling. Insurance and sliding scale fee available. Spanish/English.

#### **The Life Center**

LifeCenterOfTampa.org 6811 N. Central Ave. Tampa, FL 33604 (813) 237-3114

Counseling to people grieving the death of a loved one, victims of traumatic crime and those suffering from serious illness. Provides emotional support and intervention in a healing environment. Children, adults and families welcome. \$50 donation for individual session, \$20 for group session.

#### **Northside Mental Health Center**

NorthsideBHC.org 12512 Bruce B. Downs Blvd. Tampa, FL 33612 (813) 977-8700

Provides acute care, residential and outpatient counseling or psychiatric services, and adult, child and family counseling. Treats physical, sexual and emotional abuse/neglect, and supports family and caregivers. Services available to those with Medicaid, Medicare or other insurance.

## Psychology Today-Find a Therapist

PsychologyToday.com

Find detailed professional provider listings for licensed psychologists, psychiatrists, therapists, counselors, group therapy and treatment centers in the United States and Canada. Check with your insurance provider to determine coverage for services.

## St. Joseph's Hospital Behavioral Health Center

BayCare.org/BehavioralHealth 4918 N. Habana Ave. Tampa, FL 33618 (813) 870-4300

Offers inpatient and community-based programs with a full range of comprehensive mental health and substance abuse services tailored to meet the needs of adults, adolescents and children. Outpatient, individual and group counseling available. Multiple locations in Tampa Bay.

### Tampa Jewish Family Services (TJFS)

TJFS.org 13009 Community Campus Drive Tampa, FL 33625 (813) 960-1848

Nonprofit agency for people of all ages and all walks of life, regardless of race or religion. Offers the community a vast array of services and programs, from food banks to mental health counseling, and programs for children to senior adult.

## Death and Bereavement Support

#### **The Life Center**

LifeCenterOfTampa.org 6811 N. Central Ave. Tampa, FL 33604 (813) 237-3114

Counseling to people grieving the death of a loved one, victims of traumatic crime and those suffering from serious illness. Provides emotional support and intervention in a healing environment. Children, adults and families welcome. \$50 donation for individual session, \$20 for group session.

#### **Suncoast Kid's Place**

SunCoastKidsPlace.org 17030 Lakeshore Road Lutz, FL 33558 (813) 990-33511

A center for grieving children, teens and families. Provides understanding and support in a safe, nurturing environment.

#### **Suncoast Kid's Place**

BellShoals.com Bell Shoals Baptist Church 2101 Bell Shoals Road Brandon, FL 33511 (813) 990-33511

A center for grieving children, teens and families. Provides understanding and support in a safe, nurturing environment.

## Electric Bill Assistance

## Low Income Housing Energy Assistance Program (LIHEAP)

LIHEAP.org

Hillsborough County residents in need of financial assistance with utility bills may qualify for the statewide LIHEAP program. You can receive cash grants to reduce your energy bill twice a year. Various locations to apply. Go to FloridaCommunityDevelopment. org/liheap/LIHEAPProviders.cfm to find your local company.

# Emergency Food Banks and Shelters

## **America's Second Harvest**

FreeFood.org/l/Americas\_Second\_Harvest\_Of\_Tampa\_Bay 5300 E. Adamo Drive, Suite G Tampa, FL 33619 (813) 254-1190

Domestic hunger relief organization that distributes donated food to 23.3 million hungry people each year. Services 10 counties in west central Florida.

## **Department of Children and Families**

MyFlorida.com/AccessFlorida/ Resource Center - Central Tampa 1002 E. Palm Ave. Tampa, FL 33605 (866) 762-2237 or (813) 204-1741

Contact: ACCESS Program. Food assistance program (foods) helps persons and families purchase foods needed to maintain good health. The Medicaid program provides medical assistance to individuals and families to cover or assist in the cost of services that are medically necessary.

#### **Faith Café**

FaithCafeTampa.com 1340 N. Clearview Ave. Tampa, FL 33607 (866) 762-2237

Our mission: Feed the hungry. Monday through Saturday we offer guests a comfortable, safe environment to enjoy a meal. We distribute lightly used clothing, blankets, coats, toiletries and other essential items on Tuesdays, Thursdays and Saturdays.

#### **Manifestations Worldwide**

CenterForManifestation.com/ 3102 E. Lake Ave. Tampa, FL 33610 (813) 241-6919

Church ministry providing relief to those who are oppressed and lack homes and food.

## Metropolitan Ministries, Inc.

MetroMin.org/ 2101 N. Florida Ave. Tampa, FL 33602 (813) 209-1200

Serving poor and homeless families in Hillsborough, Pinellas, Pasco and Polk counties. Provides food and services, through community partners for the homeless and those at risk of becoming homeless. Services alleviate suffering, promote dignity and instill self-sufficiency.

## **New Beginnings, Inc.**

NewBeginningsOfTampa.com/ 1402 E. Chilkoot Ave. Tampa, FL 33612 (813) 244-7556

Provides 1,150 hot meals per week to underprivileged families. Food boxes, clothing and hygiene products to needy families. Shelter for persons that are homeless. Other services include recovery from substance abuse and job training.

#### **River of Grace Ministries**

2801 N. Tampa St. Tampa, FL 33602 (813) 274-3081

Christian ministry serving 2,000 meals a week, sheltering up to 44 homeless men each night. BAC program helps those willing to work hard to achieve a better life.

#### **Salvation Army**

SalvationArmyUSA.org 1603 N. Florida Ave. Tampa, FL 33602 (813) 221-4440

Serves meals to anyone in need through its many soup kitchens, sit-down meal programs, food pantries, mobile meals and community gardens. Assists homeless people of all ages, and individuals and families down on their luck and in need of extra assistance.

## **Tampa Jewish Family Services (TJFS)**

TJFS.org 13009 Community Campus Drive Tampa, FL 33625 (813) 960-1848

Nonprofit agency for people of all ages and all walks of life, regardless of race or religion. Offers the community a vast array of services and programs including food banks. Call for addresses and/or hours of food banks (Citrus Park and Brandon).

## **Employment and Careers**

#### **Cancer and Careers**

CancerAndCareers.org

Empowers and educates people with cancer to thrive in their workplace by providing expert advice, interactive tools and educational events. Provides comprehensive website, free publications, career coaching, series of support groups and educational seminars for employees with cancer, their health care providers and coworkers. Strives to eliminate fear and uncertainty for working people with cancer.

# Exercise and Rehabilitation Programs

### **ABLE Program**

BayCare.org St. Joseph's Hospital 3001 W. Dr. Martin Luther King Jr. Blvd. Tampa FL, 33607 (813) 870-4877

ABLE: Achieving a Balance Life Through Exercise. Unique program for cancer survivors to assist with improved strength, education and overall fitness, tailored to meet your needs. Facilitated by St. Joseph's Hospital Rehab/Certified Cancer Exercise Trainer.

### **Enable Your Health-Exercise Program**

BayCare.org St. Joseph's Hospital 3001 W. Dr. Martin Luther King Jr. Blvd. Tampa, FL 33607 (813) 443-2047

Free program to assist cancer patients increase physical ability. Includes low-impact cardiovascular training, strength, balance, flexibility and coordination. All fitness levels welcome. Facilitated by St. Joseph's Hospital Rehab/Certified Cancer Exercise Trainer.

## LIVESTRONG at the YMCA (Bob Sierra)

Bob Sierra YMCA 4029 Northdale Blvd. Tampa, FL 33624 (813) 962-3220 TampaYMCA.org

Free 12-week program for adult cancer survivors. Goal: help build muscle mass/strength, increase flexibility/endurance and improve functional ability. Check TampaYMCA.org for other locations.

## **Restorative Yoga-Cancer Program**

St. Joseph's Hospital 3001 W. Dr. Martin Luther King Jr. Blvd. Tampa, FL33607 (813) 443-2047 BayCare.org

Free class. Yoga incorporates stress reduction techniques including regulated breathing, visual imagery, meditation and various stretching postures, blending strength, flexibility and balance. Taught by registered yoga instructor. Class dates/times vary.

## St. Joseph's Hospital Outpatient Rehabilitation Center

St. Joseph's Hospital Medical Arts Building, 2nd floor 3003 W. Dr. Martin Luther King. Jr. Blvd. Tampa, FL 33607 (813) 870-4877 BayCare.org

Specialized therapists providing a wide range of services from speech/language, lymphedema, audiology, cancer rehab, balance and vestibular, biofeedback, neuro and cognitive rehab, urinary incontinence, hand therapy, etc., for adults and children.

## South Florida Baptist Hospital-Outpatient Rehabilitation

BayCare.org South Florida Baptist Hospital 1601 W. Timberlane Drive, Suite 700 Plant City, FL 33566 (813) 707-9362, option 1 Contact: Heather Johnson

Provides physical, occupational and speech therapy services to the community. Provides inpatient, outpatient and short-term rehab. Specialized therapists provide a wide range of services for adults and children.

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## South Florida Baptist Hospital – Outpatient Rehabilitation (Brandon)

BayCare.org South Florida Baptist Hospital 615 Vonderburg Drive Brandon, FL 33511 (813) 409-2092

Provides physical, occupational and speech therapy services to the community. Provides inpatient, outpatient and short-term rehab. Specialized therapists provide a wide range of services for adults and children.

## South Florida Baptist Hospital– Wound Care and Hyperbaric

BayCare.org South Florida Baptist Hospital 301 N. Alexander St. Plant City, FL 33563 (813) 757-1280

Provides physical, occupational and speech therapy services to the community. Provides inpatient, outpatient and short-term rehab. Specialized therapists provide a wide range of services for adults and children.

## Family Planning

#### **Catholic Charities**

CCDOSP.org (813) 631-4370

Conducts studies and assist with preparation for prospective adoptive parents, provides post placement counseling, support and follow up.

#### **Fertile Action**

FertileAction.org

On-line message boards only, no phone

Fertile Action helps women touched by cancer become mothers through education, advocacy and financial aid for fertility preservation, sperm donation, egg donation, surrogacy and long-term storage of sperm, oocytes and embryos. Peer-to-peer support and online support groups.

#### **Fertile Guide**

FertilityGuide.com

Learn about fertility guidelines and common factors tha can affect a couple's ability to get pregnant. Referral to fertility specialists.

## **Fertile Hope**

FertileHope.org (855) 220-7777

Fertile Hope is a LIVESTRONG initiative dedicated to providing reproductive information, support and hope to cancer patients and survivors whose medical treatments present the risk of infertility. If you have fertility-related questions or would like more information related to the fertility Sharing Hope financial assistance program, call the toll-free number.

#### h.e.a.r.t. BEAT

FerringFertility.com/Savings/Heartbeat/

Information on fertility options and assistance to help you achieve parenthood. Learn more about the types of coverage available, find resources to help you manage insurance and learn about additional options.

## **Help Us Adopt**

HelpUsAdopt.org

Up to \$15,000 toward domestic, international, foster or special needs adoption expenses. Application information online.

## **The Hormone Foundation**

SaveMyFertility.org (800) 467-6663

Preserving fertility before and during cancer treatment and protecting hormonal health after treatment. Provides information and guidance to oncologists, endocrinologists and other health care providers concerned with the reproductive health of cancer patients and survivors.

#### **Oncofertility Consortium**

MyOncoFertility.org (866) 706-3378

Dedicated to the advancement of technologies that will provide improved fertility preservation for survivors of cancer and other serious diseases. Educational information, resources and assistance with finding a fertility specialist in your area.

# Financial Assistance and Insurance

## 21st Century C.A.R.E.

21stCenturyCare.org (888) 850-1622

Provides financial assistance for incidental expenses related to active cancer treatments. Physician referral needed with an online application. Once application is approved, offers patients financial assistance for incidental expenses related to transportation to/ from treatments, follow-up visits for cancer care, childcare during treatment, temporary housing due to travel issues, medical supplies and much more.

## **BayCare Health Care Navigators**

(855) 404-3334

BayCare provides Health Care Navigators to assist you with navigating the Health Insurance Marketplace. Navigators provide free, one-on-one assistance to help you understand your options and enroll in a plan. Service is available to anyone seeking affordable health care. Visit HealthCare.gov for more information about your health care options.

### **Bone Marrow Foundation-Patient Aid**

BoneMarrow.org (800) 365-1336

Financial support to those who meet eligibility requirements. Covers costs associated with transplants (donor searches, compatibility testing, bone marrow harvesting, medications, home and child care services, medical equipment, transportation, cord blood banking and housing).

## **Cancer Care Copayment Assistance**

CancerCareCopay.org (866) 552-6729

Nonprofit organization that helps people being treated for cancer afford copayments on prescription medications they need. Cancer diagnoses covered include breast, colon, colorectal, glioblastoma, head/neck, non-small cell lung, pancreatic and renal cell cancers. Must meet household income guidelines. For people residing and living in the U.S. or its territories, must be U.S. citizen or valid resident.

## **Cancer Legal Resource Center (CLRC)**

CancerLegalResourceCenter.org (866) 999-3752

CLRC provides free and confidential information and resources on cancer-related legal issues to people coping with cancer/caregivers/employers/health care professionals and others. Services and programs available in Spanish. Receive free and confidential information about relevant laws and resources for their particular situation.

#### **Chronic Disease Fund**

CDFund.org (877) 968-7233

Copayment assistance for pharmaceutical products for patients with private insurance or Medicare part D. The following conditions are covered: breast cancer, colon cancer, multiple myeloma and non-small cell lung cancer.

## Colon Cancer Alliance-Blue Note Fund

CCAlliance.org (202) 628-0123

Not-for-profit 501(c)(3) corporation. National patient advocacy organization dedicated to increasing screening rates and survivorship. A financial assistance program that provides one-time grants of \$300 to colon cancer patients in need and in active treatment. Grants will be awarded based on need. Apply online.

## **Florida Discount Program**

FloridaDiscountDrugCard.com (866) 341-8894

Florida Discount Drug Card is available to all Florida residents without restriction, accepted at 60,000 pharmacies nationwide. Florida residents must qualify: Ages 60 to 64, without prescription drug coverage and do not belong to a Medicare Part D plan. Or younger than age 60, without prescription drug coverage and with an annual family income less than 300 percent of the federal poverty level.

## Florida Lifeline Assistance Program

FloridaPSC.com/utilities/Telecomm/Lifeline (800) 342-3552

A federal program gives \$12.75 credit per month on phone bills. Must already have Medicaid, food stamps, SSI, live in section 8 housing and have a child in the National School Lunch Program to qualify. Also must live in a county where phone service provider participates in this program.

#### Florida SHINE

FloridaShine.org (800) 963-5337

Pinellas-Pasco: (727) 570-9696

West Central Florida (Hillsborough): (813) 740-3888

Helps elders to know and understand Medicare and health insurance options. Provides assistance with Medicare, Medicaid, supplements, plan comparisons, billing and claims, rights and protections, long term care options. Free counseling and information assistance.

## **Good Rx Assistance Program**

GoodRX.com (888) 799-2553

Helps you find the lowest prices and discounts. GoodRx collects and compares prices for every FDA-approved prescription drug at more than 70,000 U.S. pharmacies, finds free coupons to use at the pharmacy and shows the lowest price at each pharmacy near you.

#### **HealthWell Foundation**

HealthWellFoundation.org (800) 675-8416

Provides financial assistance to eligible individuals to cover coinsurance, copayments, health care premiums and deductibles for certain medications and therapies. Offers assistance for many diseases and conditions. Available funds may vary based on donation grants.

## **Hillsborough River Pharmacy**

HRiverPharmacy.com (813) 873-3651

Customer-driven, full-service pharmacy. \$2 prescriptions, free antibiotics, free delivery, free flu shots, Florida Workers' Comp prescriptions, compound prescriptions. We accept all major and minor insurance plans.

## The Leukemia & Lymphoma Society

LLS.org/copay (877) 557-2672

Helps patients meet health insurance, Medicare Plan B or D premiums, or copayment obligations. Household income must be at or within 500 percent above U.S. Federal Poverty guidelines for people in U.S. and Puerto Rico. Offers assistance for chronic myelogenous and lymphocytic leukemias, multiple myeloma, lymphoma, myelodysplastic syndrome and waldenstrom macroglobulinemia.

#### MedNet

HealthCouncils.org (813) 870-0935, ext. 30

Assists with managing medications for chronic disease, facilitates timely/consistent access to prescription drug treatment. Removes economic/literacy barriers. Secures free drugs for low-literate, low-income, uninsured adults, including the working poor. Promotes teamwork between doctors, patients and pharmaceutical companies. Provides one-on-one assistance with application and refill process.

## **National Organization Rare Disorders**

RareDiseases.org (203) 774-0100

Assists uninsured or underinsured individuals in securing lifesaving or life-sustaining medications including trisenox, theracys and matulane. Offers copayment assistance for advanced renal cell carcinoma, hepatocellular carcinoma, Hodgkin's lymphoma and paroxysmal nocturnal hemoglobinuira. Must meet financial guidelines and be a U.S. resident.

## **Needy Meds**

NeedyMeds.org (800) 503-6897

Online resource of programs that provide assistance to those unable to afford their medications and health care costs. Information is free, easy to access and updated. No registration required and no personal information requested. NeedyMeds Drug Discount Card provides savings of up 80 percent on many prescription medications. Card is free and available to everyone.

## **Partnership Prescription Assistance**

pparx.org (888) 477-2669

Offers a single point of access to more than 475 public and private patient assistance programs, including more than 150 programs offered by pharmaceutical companies. Includes assistance for the uninsured. Help with insurance reimbursement, referrals to co-pay relief programs, help with the application process and discounted or free medications for those who do not qualify for other assistance.

#### Patient Advocate Foundation Co-Pay Relief

CoPays.org (866) 512-3861

Provides direct financial assistance to qualified patients, assisting them with prescription drug copayments their insurance requires relative to their diagnosis. Counselors work directly with the patient and provider of care to obtain necessary medical, insurance and income information. Upon approval, payments are made to the doctor, pharmacy or directly to the patient.

## **Patient Services Incorporated (PSI)**

UNeedPSI.org (800) 366-7741

Assists patients in locating health insurance policies. Patient Services evaluates an individual's financial, medical, and insurance situation to determine who is eligible for premium or copayment assistance. We provide help for many illnesses and offer many types of financial assistance. Our caring Patient Services Representatives can walk you through the online application process as well as mail you appropriate forms and informative literature.

## **Rx Patient Assistance Program**

RxAssist.org (888) 796-1234

Programs set up by drug companies that offer free or low-cost drugs to uninsured individuals who cannot afford medication. Go online to check a specific drug, eligibility requirements and enroll.

## St. Joseph's Hospital Financial Assistance

StJosephsTampa.com (855) 233-1555

If you do not have insurance and/or unable to pay for health services at one of our BayCare hospitals or physician offices, contact our Financial Assistance Department. Counselors can assist you with identifying potential payment assistance sources from federal, state and local programs.

## Survivorship A to Z

SurvivorshipAtoZ.org/Cancer

Survivorship A to Z is an independent not-for-profit corporation consisting of a small but dedicated staff, volunteer experts, volunteers living after a cancer diagnosis, patient advocates and caregivers. Website and message boards provide helpful info on insurance, medical care, finances, government benefits, work issues, day-to-day living and emotional well-being.

## Food and Nutrition

## **Academy of Nutrition & Dietetics**

EatRight.org National Headquarters 120 S. Riverside Plaza, Suite 2000 Chicago, IL 60606

Website for healthy eating and wellness, providing free nutritional information and helpful hints. Find a registered dietitian in your area. Fees charged for consultations with a dietitian.

#### **Meals on Wheels**

MOWTampa.org 550 W. Hillsborough Ave. Tampa, FL 33603 (813) 238-8410

Contact: John Meisenback

Applications taken by phone. Hot midday meals provided to homebound. Must pay some amount if able. Some insurances pay for meals. Monday-Friday delivery. Weekend meals delivered frozen on Fridays.

## St. Joseph's Food/Nutrition Department

StJosephsTampa.com St. Joseph's Hospital Tampa, FL 33607 3001 W. Dr. Martin Luther King Jr. Blvd. (813) 870-4998

Medical Nutrition Therapy consultation is with a registered, licensed dietitian/nutritionist. Consultations available for outpatients. Fee for services. Some insurances may cover consultation fees. Requires physician's referral and prescription.

Appointments are scheduled one week in advance.

## Genetic Services

Contact: Janet Oreskovich

#### **Informed DNA**

InformedDNA.com 360 Central Ave., Suite 1230 St. Petersburg, FL 33701 (800) 975-4819

Speak with genetic counselors via phone or web to determine if genetic testing is appropriate for you. Multilingual. Accepts most insurance plans. Provider referral needed.

## **Miok Ray, ARNP**

Miok.Ray@BayCare.org HealthPoint Breast Surgery 4321 N. MacDill Ave., Suite 203 Tampa, FL 33607 (813) 873-7615

Breast specialist concentrating on high-risk assessment and genetic evaluation for hereditary breast and ovarian cancer syndrome. Consultation usually covered by insurance.

## Myriad Genetic Laboratories, Inc.

BracNow.com Myriad Genetic Laboratories, Inc. 320 Wakara Way Salt Lake City, UT 84108 (866) 272-2669

Website answers questions about BRAC Analysis\*, a genetic test that can let you know your risk for hereditary breast and ovarian cancer by identifying a BRCA gene mutation. Testing covered by most insurances. Must meet guidelines. Your doctor must order the test.

## **National Society of Genetic Counselors (NSGC)**

NSGC.org NSGC Executive Office 330 N. Wabash Ave., Suite 2000 Chicago, IL 60611 (312) 321-6834

NSGC's "Find a Genetic Counselor" directory developed to assist physicians and patients in locating genetic counseling services. Can be searched by state, city, name, institution, work setting, type of specialty or zip code. Counseling services covered by most insurances.

## Hair Donation

#### **Locks of Love**

LocksOfLove.org (888) 896-1588

Locks of Love is a public nonprofit organization that provides hairpieces to financially disadvantaged children under age 21 suffering from long-term medical hair loss from any diagnosis. See website for guidelines on cutting and shipping. Donations must be mailed to:

#### Locks of Love

234 Southern Boulevard, West Palm Beach, Florida, 33405-2701.

#### **Wigs for Kids**

WigsForKids.org (440) 333-4433

Wigs for Kids provides hair replacement systems and support for children who have lost their hair due to chemotherapy, radiation therapy, burns and other medical issues, at no cost to their families. See website for guidelines on cutting and shipping. Donations must be mailed to Wigs for Kids, 24231 Center Ridge Road, Westlake, Ohio, 44145.

## Hospice and Palliative Care

## **Chapters Health Palliative Care**

ChaptersHealth.org/Services/Hospice St. Joseph's Hospital 3001 W. Dr Martin Luther King Jr. Blvd. Tampa, FL 33607 (813) 870-4114

Medical/spiritual care focused on relief of pain, suffering and stress of advanced/chronic illness in adults and children. Any diagnosis. Management of complex symptoms. Emotional, social and spiritual support for patient/caregiver. Team includes physician, social worker, chaplain and nurse.

#### **Horizon Palliative Care Partners**

HorizonPalliativeCare.com 901 34th Ave. N., #7597 St. Petersburg, FL 33734 (727) 742-6239

Helps improve quality of life for people facing any type of serious illness. Focus on alleviating increasing symptoms such as pain, nausea, anxiety, fatigue and depression. Helps you understand your illness and establish goals for your care.

## **LifePath Hospice**

ChaptersHealth.org/Services/Hospice (800) 209-2200 See website for multiple locations

Provides hospice care through our well-respected, nonprofit hospice organizations, LifePath Hospice and Good Shepherd Hospice. Services based on medical need and are provided regardless of ability to pay, age, race, creed, sex, lifestyle or illness.

## House Cleaning

## **Cleaning for a Reason**

CleaningforaReason.org (877) 337-3348

Nonprofit organization. Mission: Give the gift of four free monthly house cleanings for women undergoing treatment for any type of cancer. Goal: Let these brave and strong women focus on their health and treatment while we take away the worry and work of cleaning their homes. Over 1,200 participating and partnering maid services. Apply online.

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## Housing and Lodging

## **All County Tampa Bay**

AllCountyTampaBay.com 5421 Beaumont Center Blvd., Suite 685 Tampa, FL 33634 (813) 884-6400

Emergency rental support services. If experiencing difficulties making rental/utility payments, there are nonprofit organizations that offer help. See "Tenant Resources-Financial Assistance" on website for listing. May have to contact numerous agencies to receive help.

## **American Cancer Society**

Cancer.org (800) 227-2345

Available 24 hours a day, seven days a week. Specialist at the National ACS Patient Services Center can provide resources for local hotels.

## **Benjamin Mendick Hope Lodge**

Cancer.org 12810 USF Magnolia Drive Tampa, FL 33612 (813) 490-4700

American Cancer Society's Hope Lodge provides housing for patients undergoing active cancer treatment. Referral necessary. There are some restrictions and treatment guidelines must be met.

#### **Catholic Charities**

CCDOSP.org Live Oaks Square 2021 Busch Blvd. Tampa, FL 33612 (813) 631-4370

Providing housing counseling services for seniors, families and individuals who are facing default/foreclosure, or are in need of credit, debt or rental counseling, first-time homebuyer education or mortgage assistance.

#### **HOPE Now**

HopeNow.com (888) 995-4673

An alliance between counselors, mortgage companies, investors and others. Alliance will maximize outreach efforts to homeowners in distress to help them stay in their homes.

## **Hospitality House-The Salvation Army**

USS.SalvationArmy.org 1603 N. Florida Ave. Tampa, FL 33602 (813) 226-0055

For up to two years, women/children may live at the Hospitality House. They are provided three meals a day, semi-private room, quality donated clothing for school and job interviews, weekly counseling, skills training, self-help programs, job placement assistance and daycare.

## Hotels Near St. Joseph's Hospital

StJosephsTampa.org St. Joseph's Hospital 3001 W. Dr. Martin Luther King Jr. Blvd. Tampa, FL 33607 (813) 870-4000

Website has a listing of hotels near the hospital. Contact individual hotel to see if they provide a discount to patients/families.

### Joe's House

JoesHouse.org 505 E. 79th St., Suite 17E New York, NY 10075 (877) 563-7468

An online nationwide lodging resource for cancer patients and their families who must travel away from home for medical treatment. Website lists cancer treatment centers and hospitals across the country with nearby lodging facilities that offer a discount.

#### **Metropolitan Ministries-Outreach Centers**

MetroMin.org (813) 209-1200

#### **Outreach Center-Pasco County**

3214 US Hwy 19 Holiday, FL 34691

#### **Outreach Center-Tampa**

2301 North Tampa Street Tampa, FL 33602

Women and families experiencing temporary homelessness can get help with counseling, job training or education. When families complete our programs, the end goal is to get them into affordable permanent housing.

#### **Ronald McDonald House Charities**

RMHC.com 28 Columbia Drive Tampa, FL 33606 (813) 258-6430

Providing housing for children with cancer and their families that must travel for treatment. Families stay at no cost or are asked to make a donation up to \$25 per day, depending on the House.

## **Tampa Housing Authority**

THAFL.com/Housing/ 5301 W. Cypress St. Tampa, FL 33607 (813) 253-0551

Various rental assistance programs. Administers public housing units and Housing Choice Vouchers. Application available online. For information on public housing, contact (813) 341-9401.

## **Women's Resource Center of Tampa**

WRCTampa.org 217 Kingsway Road Brandon, FL 33510 (813) 661-3696

Works one-on-one with individuals/families experiencing difficulties to identify/address needs for emergency food, clothes, housing, training, employment and access to resources. Continues to partner with families as supporting coach as they develop and achieve long-term goals for stability.

## **Local Organizations**

#### **ACS Resource Centers**

Cancer.org

1462 Oakfield Drive Brandon, FL 33511 (813) 685-0670

South Bay Hospital 4016 Sun City Center Blvd. Sun City Center, FL 33573 (813) 634-0396

12810 Magnolia Drive Tampa, FL 33612 (813) 490-4700

2006 W. Kennedy Blvd. Tampa, FL 33606 (813) 254-3630

American Cancer Society Resource Center provides patients with free wigs, hats, scarves and turbans. Call for hours. No breast prostheses or lymphedema garments provided.

## **Elder Affairs-Elder HelpLine**

ElderAffairs.State.FL.US State Office 4040 Esplanade Way Tallahassee, FL 32399 (800) 955-8770

An information and referral service for in-home services for frail elders, nutrition/meal programs, adult daycare, housing, transportation providers, retirement, Medicare and Medigap, etc. The helpline answers questions about aging issues, services and opportunities.

## Leukemia & Lymphoma Society (LLS)

LLS.org 3507 E Frontage Road, Suite 300 Tampa, FL 33607 (800) 955-4572

Suncoast Chapter of LLS provides patients/families with latest information on blood cancers. Free educational programs. Financial assistance available. Must meet guidelines.

# Lymphedema Management and Garments

#### **Advanced Prosthetics**

AdvancedPros.com 14499 University Cove Place Tampa, FL 33613 (813) 631-9400

Check with your insurance and the retailer to verify insurance coverage and payment options. Prosthetics and orthotics. Limited lymphedema garments and post-breast surgery supplies.

## **Anderson Home Health Medical Supply**

AndersonHomeMedical.com 4063 Henderson Blvd. Tampa, FL 33629 (813) 289-3811

Check with your insurance and the retailer to verify insurance coverage and payment options. General medical supplies. Postbreast surgery supplies and prostheses. Experienced certified fitter.

## **Hanger Prosthetics**

Hanger.com 115 S. MacDill Ave. Tampa, FL 33609 (813) 251-1590

Check with your insurance and the retailer to verify insurance coverage and payment options. Prosthetics and orthotics. Limited lymphedema garments. No post-breast surgery supplies.

#### **Health Aid Company**

HealthAidCompany.com 4502 N. Armenia Ave. Tampa, FL 33603 (813) 879-7552

Check with your insurance and the retailer to verify insurance coverage and payment options. Post-mastectomy and lumpectomy prostheses and products. Lymphedema sleeves. General medical supplies. Certified fitter.

#### Lymphedema Alert Band

Lymphedema.com/AlertBand.htm Peninsula BioMedical, Inc. P.O. Box 66149 Scotts Valley, CA 95067 (800) 293-3362

Sends a free alertband to any patient. Accommodates up to 9 1/2". Plastic hospital-type band, not jewelry. Prior to any medical procedures, patients need a mechanism to alert medical staff of their condition. Protects patient from at risk procedures. Apply online.

## St. Joseph's Hospital-Lymphedema Management

BayCare.org St. Joseph's Hospital Medical Arts Building, 2nd floor 3003 W. Dr. Martin Luther King Jr. Blvd. Tampa, FL 33607 (813) 870-4877

Provides L-Dex assessment for risk of lymphedema. Specialized therapists educate patients on prevention of lymphedema and provides complete decongestive therapy for management.

## South Florida Baptist Hospital – Outpatient Rehabilitation

BayCare.org

South Florida Baptist Hospital 1601 W. Timberlane Drive, Suite 700 Plant City, FL 33566 (813) 707-9362, option 1 Contact: Heather Johnson

South Florida Baptist Hospital 615 Vonderburg Drive Brandon, FL 33511 (813) 409-2092

Provides inpatient, outpatient and short-term rehab. L-Dex assessment for risk of lymphedema. Specialized therapists educate patients on prevention of lymphedema and provides complete decongestive therapy for management.

## South Florida Baptist Hospital-Wound Care and Hyperbaric

BayCare.org South Florida Baptist Hospital 301 N. Alexander St. Plant City, FL 33563 (813) 757-1280

Provides inpatient, outpatient and short-term rehab. L-Dex assessment for risk of lymphedema. Specialized therapists educate patients on prevention of lymphedema and provides complete decongestive therapy for management.

#### **Westcoast Brace and Limb**

WestCoastBraceAndLimb.com 2727 W. Dr. Martin Luther King Jr. Blvd., Suite 690 Tampa, FL 33607 (813) 354-0100

Call for other locations in Tampa and Brandon. Check with your insurance and the retailer to verify insurance coverage and payment options. Post-mastectomy and lumpectomy prostheses and products.

## Magazines

#### **Breast Cancer Wellness**

BreastCancerWellness.org (417) 581-3438

Informative and supportive website. Teaches healing principles for empowering your mind, body and spirit. Learn about products and services that support you after diagnosis. Create venues for breast cancer thrivers, families and friends to have lifetime memories and fellowship. Magazine is available \$12 for one year (four issues).

#### **Cancer Patient Resource Guide**

PatientResource.net

The most comprehensive and up-to-date free guides to treatment and facilities. The information is written for ease of understanding and is offered in printed publications and online.

## Caring4Cancer

Caring4Cancer.com

Caring4Cancer's mission is to provide a complete source of knowledge and support for people with cancer, empowering them with expertise, strength and hope. Combines a virtual encyclopedia of cancer information with tools that help patients take an active role in managing their disease. Sign up for the free Enewsletter.

#### **COPING with Cancer**

CopingMag.com (615) 791-3859

Coping® has been a source of knowledge, hope and inspiration to people worldwide. When you need positive and helpful information that relates to a specific medical condition, Coping can help. Patients may call and receive one free issue of Coping with Cancer magazine. Subscriptions are \$35 for one year (six issues).

#### **CURE Magazine**

CureToday.com (800) 210-2873

Free quarterly magazine for cancer patients, survivors and caregivers. Largest consumer magazine in the U.S. focused entirely on cancer. Reflects the entire cancer continuum, including supportive care issues and long-term and late effects. CURE is advised by a distinguished board of physicians, nurses, advocates and other health professionals in the oncology field.

## Medical Equipment and Supplies

## **Edgepark Medical Supplies**

EdgePark.com Commerce Park 1810 Summit Twinsburg, OH 44087 (888) 394-5375

Home delivery of medical products. Extensive network of insurance coverage. Over 40,000 products from 700 manufacturers. Conditions include diabetes, ostomy, urological, incontinence, respiratory, wound care and lymphedema garments. Online ordering.

## **Health Aid Company**

HealthAidCompany.com 4502 N. Armenia Ave. Tampa, FL 33603 (813) 879-7552

Check with your insurance and the retailer to verify insurance coverage and payment options. Post-mastectomy and lumpectomy prostheses and products. Lymphedema sleeves. General medical supplies. Certified fitter.

#### **Life's Treasures**

ChaptersHealth.org 4802 Gunn Highway Tampa, FL 33624 (813) 969-2049

1918 S. Dale Mabry Highway Tampa, FL 33629 (813) 259-1028

LifePath Hospice thrift store. Secondhand used wheel chairs, walkers, potty chairs, etc. Supplies vary and may be limited.

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## **National Organizations**

## **American Cancer Society**

Cancer.org (800) 227-2345

Available by phone 24 hours a day, seven days a week. Provides emotional support, answers questions and provides educational information on cancer along with assistance with day-to-day needs (transportation, etc.). See "Local Organizations" on the website for local office locations in Tampa.

#### CancerCare

CancerCare.org (800) 813-4673

Provides individual counseling and support groups. Staff of professional oncology social workers provide education, financial assistance and referrals. Free service.

#### **Cancer Hope Network**

CancerHopeNetwork.org (877) 467-3638

Free and confidential service available to patients and their loved ones. Connects you with a trained survivor with your same type of cancer. Provides emotional support.

#### **Cancer Net**

Cancer.net (800) 422-6237

Toll-free helpline available to people diagnosed with cancer, caregivers and family members via phone or email. Questions generally answered within two business days. Helpline does not provide medical or legal advice.

## **Cancer Support Community**

CancerSupportCommunity.org (888) 793-9355

Nonprofit dedicated to providing support, education and hope to people affected by cancer. Support available through a network of professionally-led, community-based centers, hospitals, community oncology practices and online, so that no one has to face cancer alone. Provides support groups, counseling, education and healthy lifestyle programs.

### **Colon Cancer Alliance**

CCAlliance.org (202) 628-0123

Not-for-profit 501(c)(3) corporation. National patient advocacy organization dedicated to increasing screening rates, education, support and survivorship. CCA's Blue Note Fund is a financial assistance program that provides one-time grants of \$300 to colon cancer patients in need and in active treatment. Grants will be awarded based on need. Apply online.

## **Hope for Two**

HopeForTwo.org (800) 743-4471

Hope for Two - Pregnant with Cancer Network is an organization dedicated to providing women diagnosed with cancer while pregnant with information, support and hope.

## Leukemia & Lymphoma Society (LLS)

LLS.org

(800) 955-4572

LLS provides patients/families with latest information on leukemia, lymphoma, myeloma, myelodysplastic syndromes and myeloproliferative cancers (blood cancers). Free educational programs. Oncology professionals help navigate the best route from diagnosis to treatment. Financial assistance available. Must meet guidelines. See "Local Organizations" on the website for Tampa location.

## **Living Beyond Breast Cancer**

LBBC.org (888) 753-5222

Trusted breast cancer information and a community of support, regardless of educational background, social support or financial means. Helpline staffed by trained volunteers.

#### **LIVESTRONG Foundation**

LiveStrong.org (866) 235-7205

Free online information, tools and support services for people affected by cancer, caregivers, loved ones, friends and families. Patient navigators available to assist with help you understand insurance and financial questions along with emotional support and guidance. One-on-one telephone assistance.

#### **Metastatic Breast Cancer Network**

MBCN.org (888) 500-0370

National, independent, nonprofit, all-volunteer, patient-led advocacy organization dedicated to the unique concerns of women and men living with metastatic breast cancer (also known as stage IV or advanced breast cancer). We strive to help those living with stage IV breast cancer be their own best advocate through providing education and information on treatments and coping with the disease.

## **National Cancer Institute (NCI)**

Cancer.gov (800) 422-6237

The NCI is part of the National Institutes of Health and is the federal government's principal agency for cancer research and training. Speak with a cancer information specialist about cancer or clinical trials, available in English and Spanish. Free service.

## **National Coalition for Cancer Survivorship**

CancerAdvocacy.org (301) 650-9127

Offers free publications and resources that empower individuals to become strong advocates for their own care. Provides cancer survival toolbox and allows patients to download free self-learning audio series to help them develop crucial skills to understand and meet the challenges of their illness.

#### **National Marrow Donor Program**

Marrow.org (888) 999-6743

Patients diagnosed with leukemia, lymphoma and other lifethreatening diseases needing a bone marrow or cord blood transplant. One-on-one support to patients and families every step of the way along the transplant journey. Educational info, support and resources.

#### **National Ovarian Cancer Coalition**

Ovarian.org (888) 682-7426

Website increases awareness and promotes education about ovarian cancer. The Coalition is committed to improving the survival rate and quality of life for women with ovarian cancer. Provides information and resources.

## **Pancreatic Cancer Action Network**

PanCAN (877) 272-6226

Pancreatic Cancer Action Network is the national organization creating hope in a comprehensive way through research, patient support, community outreach and advocacy for a cure. Our Patient and Liaison Services (PALS) program has highly trained associates ready to help.

#### **Patient Advocate Foundation**

PatientAdvocate.org (800) 532-5374

Patient Advocate Foundation's Patient Services assists patients. Team of case managers has compiled a list of valuable resources that address several topics that help patients find assistance with medical debt, insurance access, job retention and many other medical related issues.

### **Stupid Cancer Foundation**

StupidCancer.org (877) 735-4673

Empowers young adults affected by cancer by building community, improving quality of life and providing meaningful survivorship. Connect with resources for retreats, camps, cancer support groups, financial assistance, and social media advocacy.

## Survivorship A to Z

SurvivorshipAtoZ.org/Cancer On-line message boards only

Survivorship A to Z is an independent not-for-profit corporation consisting of a small but dedicated staff, volunteer experts, volunteers living after a cancer diagnosis, patient advocates and caregivers. Website and message boards provide helpful info on insurance, medical care, finances, government benefits, work issues, day-to-day living and emotional well-being.

#### Susan G. Komen for the Cure

Komen.org (877) 465-6636

Website offers information and education on breast cancer and its treatment for men and women. Provides general information, professional support services, assistance in finding local support groups and resources.

## Parenting

#### **Kids Konnected**

KidsKonnected.org (800) 899-2866

When a parent gets cancer, the entire family is affected and the needs of the children must be addressed. The mission is to provide friendship, understanding, education and support for kids and teens who have a parent with cancer or have lost a parent with cancer. Online service. Returns calls within 24 hours.

## Parenting at a Challenging Time

MghPACT.org
Online information only

The National Cancer Institute estimates that one of every four adults diagnosed with cancer in the U.S. is a parent to a child under age 18. The Marjorie E. Korff PACT program is a unique parenting program developed at Massachusetts General Hospital Cancer Center to address common challenges and needs of parents with cancer. No direct clinical correspondence, online only.

## **Prosthetics and Orthotics**

#### **Advanced Prosthetics**

AdvancedPros.com 14499 University Cove Place Tampa, FL 33613 (813) 631-9400

Check with your insurance and the retailer to verify insurance coverage and payment options. Prosthetics and orthotics. Limited lymphedema garments and post-breast surgery supplies.

## **Copeland Prosthetics and Research**

CopelandProsthetics.com 8001 N. Dale Mabry Highway, Suite 101 Tampa, FL 33614 (813) 875-3216

Check with your insurance and the retailer to verify insurance coverage and payment options. Prosthetics, breast forms, bras and lymphedema garments.

## **Hanger Prosthetics**

Hanger.com 115 S. MacDill Ave. Tampa, FL 33609 (813) 251-1590

Check with your insurance and the retailer to verify insurance coverage and payment options. Prosthetics and orthotics. Limited lymphedema garments. No post-breast surgery supplies.

#### **Health Aid Company**

HealthAidCompany.com 4502 N. Armenia Ave. Tampa, FL 33603 (813) 879-7552

Check with your insurance and the retailer to verify insurance coverage and payment options. Post-mastectomy and lumpectomy prostheses and products. Lymphedema sleeves. General medical supplies.

#### **Tampa Bay Orthopedic Designs**

TBODesigns.net 812 W. Dr. Martin Luther King Jr. Blvd., Suite 100 Tampa, FL 33603 (813) 224-0525

Check with your insurance and the retailer to verify insurance coverage and payment options. Prosthetics and orthotics. No lymphedema sleeves. Brandon location has post-mastectomy and lumpectomy supplies and products. Call for location in Brandon.

#### **Westcoast Brace and Limb**

WestCoastBraceAndLimb.com 2727 W. Dr. Martin Luther King Jr. Blvd., Suite 690 Tampa, FL 33607 (813) 354-0100

Check with your insurance and the retailer to verify insurance coverage and payment options. Post- mastectomy and lumpectomy prostheses and products. Lymphedema sleeves. Orthotics and braces. Call for other locations in Tampa and Brandon.

# St. Joseph's Hospital Cancer Institute Contacts

## **BayCare Customer Service Center**

StJosephsTampa.com (877) 692-2922 3001 W. Dr. Martin Luther King Jr. Blvd. Tampa, FL 33607

Call or go online to receive physician referral information or to register for classes or events.

## **BayCare Medical Group-Hematology/Oncology**

BayCareMedicalGroup.com 3001 W. Dr. Martin Luther King Blvd. Cancer Institute Building, 1st floor (faces Habana Ave.) Tampa, FL 33607 (813) 321-6589

Experienced and highly trained physicians in hematology and oncology. Convenient, close parking and at-door drop-off for patients.

## St. Joseph's Hospital Adult Inpatient Unit

StJosephsTampa.com 3001 W. Dr. Martin Luther King Jr. Blvd. 3-North elevator D Tampa, FL 33607 (813) 870-4588

Adult inpatient unit provides cancer patients/families with the highest quality cancer care during their cancer treatment journey. Staffed by experienced oncology nurses and oncology certified nurses. Newly renovated unit. Private rooms and baths. Rooftop courtyard.

## St. Joseph's Hospital Adult Outpatient Infusion Center

StJosephsTampa.com 3001 W. Dr. Martin Luther King Jr. Blvd. (faces Habana Ave.) Tampa, FL 33607

(813) 870-4246

Highly experienced oncology nurses. New center provides private treatment bays with personal television and Wi-Fi access. One visitor may accompany patient during treatments. Beverages, snacks and warm blankets available. Covered patient drop off and close parking.

## St. Joseph's Hospital Cancer HelpLine

StJosephsTampa.com 3001 W. Dr. Martin Luther King Jr. Blvd. Cancer Institute Administration Office, 1st floor Tampa, FL 33607 (800) 882-4123

Email: StJosephsCancer@BayCare.org

Free and confidential telephone or email helpline for patients and/or families. Staffed by oncology nurses. Provides educational information, guidance, resources and referrals to physicians' offices.

## St. Joseph's Hospital Cancer Institute Administration

StJosephsTampa.com 3001 W. Dr. Martin Luther King Jr. Blvd. Cancer Institute Administration Office, 1st floor Tampa, FL 33607 (813) 870-4991

Director: Michael Hance, MHA; Manager: Michelle Moore,

MPH; Project Coordinator: Amanda Hall

## St. Joseph's Hospital Outpatient Rehabilitation Center

BayCare.org St. Joseph's Hospital Medical Arts Building, 2nd floor 3003 W. Dr. Martin Luther King Jr. Blvd. Tampa, FL 33607 (813) 870-4877

Services include lymphedema management, speech/language, hand therapy, audiology, cancer rehab, balance and vestibular, biofeedback, neuro and cognitive rehab, etc.

## St. Joseph's Hospital Radiation Therapy Center

StJosephsTampa.com 3001 W. Dr. Martin Luther King Jr. Blvd. Cancer Institute Building, 1st floor (faces Habana Ave.) Tampa, FL 33607 (813) 870-4160

Experienced and highly trained radiation oncology physicians. Convenient, close parking and at-door drop off for patients.

## Support Groups and Programs

## **BayCare Cancer Survivor Celebration**

BayCareEvents.org St. Joseph's Hospital 3001 W. Dr. Martin Luther King Jr. Blvd. Tampa, FL 33607 (813) 443-2047

Annual event to honor survivors who received services in our BayCare hospitals and in our Cancer Institute-affiliated physician offices. Free event. usually occurs in early summer. All cancer survivors (former and current patients) and families welcome. Refreshments/music/fun. Registration is required.

## **Caring for the Cancer Caregiver**

BayCareEvents.org St. Joseph's Hospital Medical Arts Building, Auditorium 3003 W. Dr. Martin Luther King Jr. Blvd. Tampa, FL 33607 (813) 443-2047

Support group for anyone caring for a cancer patient. Meetings held on the first Monday of each month, 1:30-3pm. Topics vary each month. Class facilitated by Teresa Howard, licensed clinical social worker. Registration is required.

## **Enable Your Health-Exercise Program**

BayCare.org St. Joseph's Hospital 3001 W. Dr. Martin Luther King Jr. Blvd. Tampa, FL 33607 (813) 443-2047

Free program to assist cancer patients increase physical ability. Includes low impact cardiovascular training, strength, balance, flexibility and coordination. All fitness levels taught in a safe environment. St. Joseph's Hospital Rehab/Certified Cancer Exercise Trainer. Class dates/times vary.

## **FORCE Facing Our Risk Cancer Empowered**

FacingOurRisk.org 16057 Tampa Palms Blvd. W., PMB 373 Tampa, FL 33647 (866) 288-7475

Support and advocacy group for those facing hereditary breast and ovarian cancer. Helpline for those concerned about hereditary cancer. Check website for local Tampa meetings.

## **Healing Touch**

StJosephsTampa.com St. Joseph's Hospital 3001 W. Dr. Martin Luther King. Jr. Blvd. Tampa, FL 33607 (813) 870-4766

Gentle, complementary energy-based approach to health and healing. Goal: Restore harmony and balance to the human energy system through a heart-centered caring relationship and use of contact/non-contact touch. Assists with reduction of pain, nausea and anxiety.

#### **Look Good Feel Better**

Contact: Tammy Dragel

LookGoodFeelBetter.org St. Joseph's Hospital 3001 W. Dr. Martin Luther King Jr. Blvd. Tampa, FL 33607 (800) 227-9954

Provided by American Cancer Society at several Tampa-area locations, including St. Joseph's Hospital. Free. Teaches beauty techniques to women in active cancer treatment to help with the appearance related side effects of treatment. Must register in advance.

#### **LUNA Latinos Unidos Por Un Nuevo Amanecer**

LunaCancerFL.org P.O. Box 48336 Tampa, FL 33647 (813) 956-2978 Contact: Viviam

Support network for Latinos diagnosed with cancer, their families, friends and caregivers. Free. Support groups in Tampa and Clearwater, counseling, health navigation and education/information. Program and activities conducted in Spanish.

### **Man to Man Prostate Support**

Cancer.org

(813) 254-3630 or (813) 490-4700 Contact: Al Adkins, survivor, facilitator

American Cancer Society program, provides community-based education and support to patients and their families. Free monthly meetings where men support each other and exchange information. Wives or significant others welcome. Call for location/dates/times.

## **OVACOME** (Ovarian and gynecologic cancers)

Ovacome.org
St. Joseph's Hospital
Medical Arts Building, Auditorium
3003 W. Dr. Martin Luther King Jr. Blvd.
Tampa, FL 33607
(813) 223-9108 or (813) 443-2047

Free. Provides educational information on ovarian/gyn cancers. Family, friends and men welcome. Meets third Tuesday every month, 6–8pm. Speakers vary each month.

#### **Reach to Recovery**

Contact: Kris Walker

Cancer.org National Home Office 250 Williams St. N.W. Atlanta, GA 30303 (800) 227-2345

Contact: Ask for Reach to Recovery

American Cancer Society program with trained volunteers that are survivors of breast cancer (male and female). Provide resources, support and up-to-date information, including literature for spouses, children and other loved ones.

#### **Restorative Yoga-Cancer Program**

BayCare.org St. Joseph's Hospital 3001 W. Dr. Martin Luther King Jr. Blvd. Tampa, FL 33607 (813) 443-2047

Free class. Yoga incorporates stress reduction techniques including regulated breathing, visual imagery, meditation and various stretching postures; a blend of strength, flexibility and balance. Taught by registered yoga teacher. Class dates/times vary.

## St. Joseph's Cancer HelpLine

StJosephsCancer.org St. Joseph's Hospital 3001 W. Dr. Martin Luther King Jr. Blvd. Tampa, FL 33607 (800)882-4123

Contact: Ronda Buffington, RN, OCN

Free and confidential Cancer HelpLine staffed by oncology nurses. Provides education, information, support and resources for cancer. Email: StJosephsCancer@BayCare.org

## Sisters Network Tampa, Inc.

SistersNetworkTampa.org Bob Gilbertson Central City YMCA 110 East Palm Ave. Tampa, FL 33602 (813) 491-3745

Contact: Sonia Franklin or Bobbie Banks

Local affiliate of Sisters Network, Inc. Committed to increasing local and national attention to the devastating impact that breast cancer has in the African American community. Meets the fourth Saturday every month, 12–2pm, at the Bob Gilbertson Central City Family YMCA.

## **Tampa Bay Breast Cancer**

St. Joseph's Hospital Medical Arts Building, Auditorium 3003 W. Dr. Martin Luther King Jr. Blvd. Tampa, FL 33607 (813) 891-6718 Contact: Diane McMillen dmcmille@tampabay.rr.com

Free. Provides educational information on breast cancer. Family, friends and men welcomed. Meets second Thursday every month, 6:30–8pm. Speakers vary each month.

#### **Viva Las Chicas**

VivaLasChicas.org P.O. Box 66866 St. Pete Beach, FL 33736 (813) 965-1332 Contact: Tracy Leduc

Assists patients/families after breast cancer diagnosis by providing services such as laundry, support and meals. Our staff is willing to call the newly diagnosed, answer questions or to just listen. Each family is unique and our support is individualized.

## Young Survival Coalition (YSC)-Face 2 Face

YoungSurvival.org/ysc-f2f 215 West Verne St., Suite A Tampa, FL 33606 (813) 493-4412 Contact: Jill

Local YSC Face 2 Face networks (YSC F2F) provide support and networking for young women affected by breast cancer. Connect with other young women (under age 40) diagnosed with breast cancer. Monthly meeting locations vary. Call for dates/times or connect online.

## Telephone Service

## Florida Lifeline Assistance Program

FloridaPSC.com/utilities/telecomm/lifeline (800) 342-3552

A federal program, gives \$12.75 credit per month on phone bills. Must already have Medicaid, food stamps, SSI, live in section 8 housing and have a child in the National School Lunch Program to qualify. Also must live in a county where phone service provider participates in this program. Call to find out if eligible.

#### **SafeLink Wireless**

SafeLinkWireless.com (800) 723-3546

Lifeline-supported service, a government benefit program. Only eligible consumers may enroll. May qualify if you receive Medicaid or food stamps. Documentation of income or program participation required for enrollment. Free cell phone and minutes program.

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## Transportation

## **ACS Road to Recovery**

Cancer.org National Home Office 250 Williams St. N.W. Atlanta, GA 30303 (800) 227-2345

Contact: Ask for Road to Recovery

Provides transportation to and from treatment for people who have cancer who do not have a ride or are unable to drive themselves. Volunteer drivers donate their time. Need some advanced notice. Call to schedule.

#### **Air Ambulance Network**

AirAmbulanceNetwork.com 3607 Alternate 19 N. Palm Harbor, FL 34683 (800) 327-1966

Medical transports in almost any aircraft. Worldwide and available 24 hours a day. Consultants available. Critical care team and staff.

## **Corporate Angel Network**

CorpAngelNetwork.org Corporate Angel Network (CAN) Westchester County Airport White Plains, NY 10604 (941) 328-1313

Free travel to treatment centers using empty seats on corporate jets. Open to all cancer patients, bone marrow donors or recipients who are ambulatory and not in need of medical support while traveling. Eligibility not based on financial need. May travel as often as necessary.

#### **HART Bus Transit**

GoHart.org HART Administrative Offices 1201 E. Seventh Ave. Tampa, FL 33605 (813) 254-4278

Hillsborough Area Regional Transit (HART). Fees range from \$1 to \$3, one way. For more information about rates and route schedules, go online or call. HART buses operate seven days a week, every day of the year.

## **HART Emergency Ride Home**

GoHart.org HART Administrative Offices 1201 E. Seventh Ave. Tampa, FL 33605 (800) 998-RIDE (7433)

If you ride the bus at least two days a week, you can take up to four free taxi rides each year in cases of personal illness or family emergency. Call TBARTA Commuter Services to enroll.

#### **Sunshine Line**

HillsboroughCounty.org/hss/Sunshine/ 3402 N. 22nd St. Tampa, FL 33605 (813) 272-7272

Safe, cost-effective transportation for those who, because of disability, age or income, are unable to provide or purchase their own transportation. Call two to seven days in advance. Two services: Door-to-door (wheelchair lift vans) and HART bus passes. Call for more information.

## Wigs and Turbans

#### **ACS Resource Center**

Cancer.org 1462 Oakfield Drive Brandon, FL 33511 (813) 685-0670

12810 Magnolia Drive Near Moffitt and USF Tampa, FL 33612 (813) 490-4700

#### **South Bay Hospital**

4016 Sun City Center Blvd. Sun City Center, FL 33573 (813) 634-0396

2006 W. Kennedy Blvd. Tampa, FL 33606 (813) 254-3630

American Cancer Society Resource Center provides patients free wigs, hats, scarves and turbans. Call for hours of operation. No breast prostheses or lymphedema garments provided.

#### **BeauBeau**

4Women.com 1700 Bay View Drive Sarasota, FL 34239 (941) 362-0250 Contact: Susan

BeauBeau\* head scarves are designed specifically for hair loss due to chemotherapy, alopecia or other medical conditions. They're unique, fashionable and versatile. Online shopping via website.

## **Beauty Express of Tampa**

BeautyExpressTampa.com 4225 La Sorrento Court Tampa, FL 33611 (813) 837-0866 or (800) 780-2662 Contact: Pauline Trusty

Private area for fitting. Cost \$45 and up. Custom fitting available and samples to try on. No appointment necessary. Wigs for adults, teens and children (all races). Will make hospital and homebound patient visits. Turbans/scarves available. Call for hours.

#### **Custom Hair**

CustomHairTampa.com 1425 Busch Blvd. Tampa, FL 33612 (813) 932-5327

Contact: Dilsey Cassel

Private area for fitting. Cost \$250 and up. Custom fitting available and samples to try on. No appointment necessary. Wigs for adults, teens and children (all races). Call for hours. Locations also in Brandon and Clearwater.

## **Good Wishes**

FranceLuxe.com P.O. Box 1968 North Bend, WA 98045 (888) 884-3653

Contact: Laurie Erickson

Good Wishes makes one complimentary silk scarf (or wrap) for women or children experiencing hair loss due to illness. Each gift is sent with love and good wishes from the individuals on our team. Send your request to: goodwishes@franceluxe.com

## **Harley Davidson Store**

TampaHarley.com 6920 N. Dale Mabry Highway Tampa, FL 33614 (888) 281-5285

Assortment of fun and colorful do rags and caps available for adults and older teens. Prices range from \$10 to \$30.

## **Hip Hats with Hair**

HatsWithHair.com 4707 N. Nebraska Ave. Tampa, FL 33603 (877) 447-4287

Call in advance. A wig alternative for sports, swimming, kids, sensitive heads, girls and teens.

## **Paramount Wigs**

904 N. Franklin St. Tampa, FL 33602 (813) 228-9242

No private area for fitting. Cost \$40 and up. Custom fitting available and samples to try on. No appointment necessary. Wigs for sdults (all races). Call for hours. Speaks English and Korean.

## A Place for Her-BayCare HomeCare

APlaceForHer.com 1245 S. Fort Harrison Ave. Clearwater, FL 33756 (727) 447-1146

3525 Lakeland Hills Blvd., Rooms 421/422 Lakeland, FL 33804 (863) 904-1854

Contact: Debbie McNicol

Boutique for women who have undergone breast surgery. Provides breast forms, prostheses, bras, postsurgical garments and other items (swimwear/lingerie/wigs). Accepts insurances; some assistance for uninsured. In-home service provided. Certified mastectomy fitters.

## Wig Villa and Hair Supply

WigVillaOnline.com 575 Central Ave. St. Petersburg, FL 33701 (727) 823-3100 Contact: Michelle or Kellie

Private area for fitting. Call for price range. Custom fitting available and samples to try on. No appointment necessary. Wigs for adults (all races). Call for hours.

## Disclaimer

BayCare Health System has compiled this information as a public service. Our goal is to provide a comprehensive list of resources to assist you on your cancer journey. You acknowledge that the resources listed do not pay or reimburse BayCare for their inclusion on the list.

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We want to hear any satisfactory remarks, opinions and/or complaints about resources on the list. If information about a resource is not correct, we want to know. Please contact the Cancer HelpLine at (800) 882-4123, or email StJosephsCancer@BayCare. org to share your remarks or opinions.