

2020 Pre-Op Weight Loss Classes



To meet the medical necessity for weight loss surgery, your insurance plan requires you to complete a physician- or registered dietitian-directed nonsurgical weight loss program. Depending on your plan requirements, the program may be three to six consecutive months.

- The initial visit to start a supervised weight loss program is a one-on-one, 60-minute consultation with the bariatric program dietitian. Follow-up visits may be held as group classes led by a dietitian. The number of follow-up visits is based on your insurance requirements and progress in behavioral changes.
- Advance registration is required, no walk-in visits are offered. Supervised consults/classes are processed through insurance for possible coverage. When a copay or full payment is required, the hospital financial counselor will call you within 72 hours of your appointment. Payment, when applicable, is required prior to or upon arrival at the consult or class.
- Morning and evening classes are offered monthly. If you have an emergency and can't attend your scheduled class, you must reschedule within the same month to stay in compliance with your insurance requirements. Let your dietitian know as soon as possible if you're unable to attend. To reschedule, contact our office at (813) 707-2152 as soon as possible.

(813) 707-2152

Myrtle Lou Swindle Medical Arts Center
Building B, Conference Room
1601 W. Timberlane Drive, Plant City

Checking in prior to class is required in Building C approximately 30 minutes before your scheduled class time.

	Arrival: 10am Class: 10:30–11am First Thursday	Arrival: 10am Class: 10:30–11am Third Wednesday	Arrival: 5:30pm Class: 6–6:30pm Third Thursday
January	9	15	16
February	6	19	20
March	5	18	19
April	2	15	16
May	7	20	21
June	4	17	18
July	9	15	16
August	6	19	20
September	3	16	17
October	1	21	15
November	5	18	12 (exception)
December	3	16	17

Dates are subject to change

BayCare
Weight Loss Surgery